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A Boy and His Special Dog

Danny's Canine Companion Helps Him Get Around

By PRISCILLA M. McGAN
 Special to The Union Leader

EVERY LITTLE BOY wants a dog. They want a pet to laugh and play with, a dog with which to snuggle and share all those "little-boy" secrets.

And now Danny Hebert finally has the dog he has wanted for almost two years.

But Danny's dog is more than just a playmate. Danny's dog is a Canine Companion.

Danny, the son of Rick and Wanda Hebert of Concord, is a bright, out-going child of seven.

Born with spinal muscular atrophy, a rare form of muscular dystrophy, he will spend the rest of his life in a wheelchair.

Unlike many handicapped children, Danny is not at all shy or withdrawn. As the 1988 and 1989 New Hampshire state poster child for the Muscular Dystrophy Association, he frequently appears before hundreds of people, delivering speeches he writes himself.

In the summer of 1987, while Danny was still only five, the Heberts learned of Canine Companions for Independence (CCI), a non-profit organization based in Santa Rosa, California.

CCI trains dogs to help people with disabilities other than blindness. CCI dogs learn to become the physical extensions of their disabled masters.

They are trained to pull wheelchairs, signal important sounds, retrieve dropped objects, turn on light switches, and generally stand ready and able to perform a variety of basic tasks that their masters cannot perform themselves.

Since 1975, nearly 500 of these highly-trained dogs have been placed with disabled people across the country.

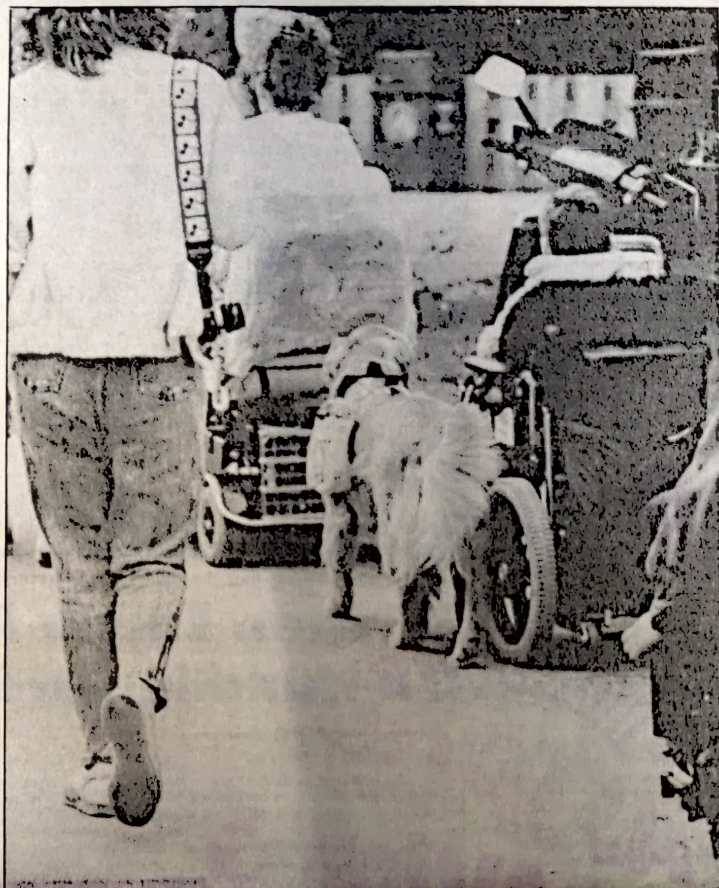
Immediately after hearing about CCI, Danny applied for a dog and was accepted into the program. But it was to be nearly two years before his dream was to become a reality.

The primary stumbling block to matching Danny with a dog was his age.

Danny is one of the youngest people ever accepted into the CCI program, and it takes a special kind of dog to work with a child.

"Kids don't always have the leadership skills necessary to manage a Canine Companion," said Carolyn Phillips, head trainer at CCI's North central training center in Columbus, Ohio.

DANNY, Page 2G





AMBER enjoys a stroke from his new master, Danny Hebert.

"A child's dog must be more compliant and more willing to accept different people as a leader. Not all dogs will do that."

— Carolyn Phillips
Trainer

Enterprising Mothers Create Tots' TV Dinners

By CARRIE FIGDOR
Associated Press Writer

SEATTLE (AP) — It's nearly dinner time, the baby is crying and Mister Rogers comes on in five minutes. What's a parent to do?

"Babies love it and so do grown-ups. It tastes like real food."

— Linda Pigott
Starting Right Co.

Two Seattle entrepreneurs hope the answer is the tot-sized TV dinner.

Pop it in the microwave and presto: cod with creamed peas and squash.

"Babies love it and so do grown-ups. It tastes like real food," said Linda Dootson Pigott, vice president of the Starting Right Co. and the mother of a 7-year-old.

She and company President Cameon Ivarsson said the idea behind the frozen dinners is to start toddlers at 4 months with a balanced and nutritional diet, without exhausting their mothers in the process.

The frozen minimeals are being produced and packaged in a Seattle specialty-food factory while the entrepreneurs await specially adapted machinery.

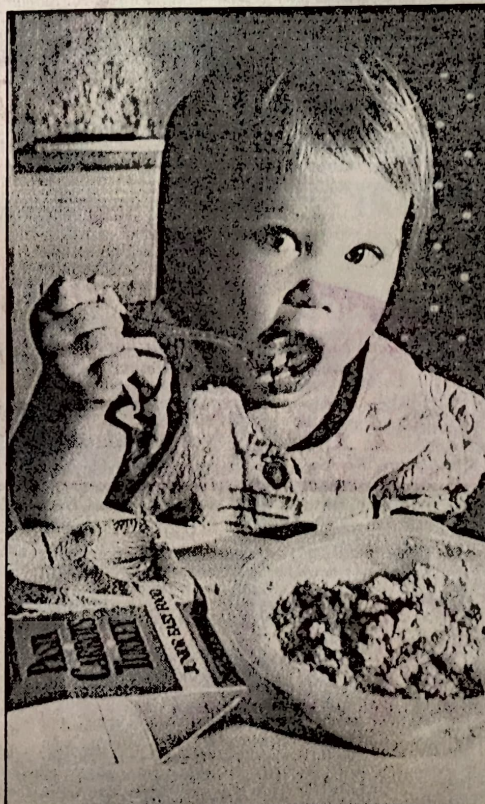
The meals, being test-marketed in Seattle-area groceries, contain items from the Pacific Northwest ranging from cod to vegetables. The only additive is a little water for consistency, Pigott said.

The company is starting with four menus in three textures, from smooth to chunky with offerings such as semolina pasta and brown rice, igott said. There is also a vegetarian menu.

Each bowl has a cartoon beneath the food to help encourage kids to finish the food so they can see the picture. In each tub, the foods are separate to allow mothers to introduce each item separately to the child.

"It's exactly as if a mom made her own baby food. ... We're not doing weird things, we're doing plain, simple things," said Ivarsson, a Swiss-trained neurophysiologist.

In Switzerland, she fed two boys, now 5 and 8, her home-TV DINNER, Page 2G



MARGAUX BONZON, 16 months old, eats pasta, carrots and turkey in a tot-sized TV dinner.
(AP Photo)

Here's How to Help Your Child Have A Creative Summer

By LINDA CASTRONE
Scripps Howard News

The summer's more than half over, and instead of happy, industrious children, yours have turned into Nintendo slugs.

They spend every waking hour playing the noisy television game, thinking about playing it, fighting over whose turn it is, or whining about how the dragon just killed them "agiiiiiiiiin."

"As a parent, you may have agreed to such a plan by allowing them to have an open-ended summer," says Massachusetts childhood specialist Joan Bergstrom. "Now you're tearing your hair out, and it's time to think about how to rework the plan."

She suggests facing the challenge head on and sending the Mario Brothers — those high-hopping characters of the basic Nintendo game — back where they came from.

"You've got to tell your child, 'We want you to get involved with something that interests you now.' If he has trouble coming up with something, you need to help him."

Bergstrom, a specialist on the subject of children's free
CREATIVE, Page 2G

What To Do:

Deciding to restructure your child's leisure time and actually doing it are two different things.

Here are tips on how to get started from Joan Bergstrom, author of "School's Out — Now What?"

MAKE A LIST: Help your child determine her interests by listing several on a piece of paper. Then have her rate them Yes, No or Maybe. Organize under athletic activities, arts and crafts, dance, music, drama, civic activities, outdoor activities, special interests, places to visit.

MAKE AN ART BAG: Equip an art bag for your child, then leave it in an accessible place. Encourage the child to grab it and head for the back yard, the park or any other inspiring location.

Artist Nancy Richardson recommends the following items for a well-stocked beginner's bag: sketchbook, watercolor book, 24 colored pencils, drawing pencils and charcoal pencils, erasers, pencil sharpeners, 18 watercolors, sable paintbrushes (1-inch and No. 8 round), and

WHAT TO DO, Page 2G

Family



Dear Abby

BY ABIGAIL VAN BUREN

Reunions
Can Be Fun

DEAR ABBY: As summer is high school class-reunion time, I am reminded of something that happened two years ago at my son's 10th high school reunion: He was "honored" as the class member who had lost the most hair. And as if that wasn't bad enough, the weekly newspaper printed a story about the reunion and publicized the "distinction."

Abby, I would like to ask your assistance in educating the planners of class reunions about such insensitive "fun." I am dead serious about this! Hair loss is not anything to laugh about.

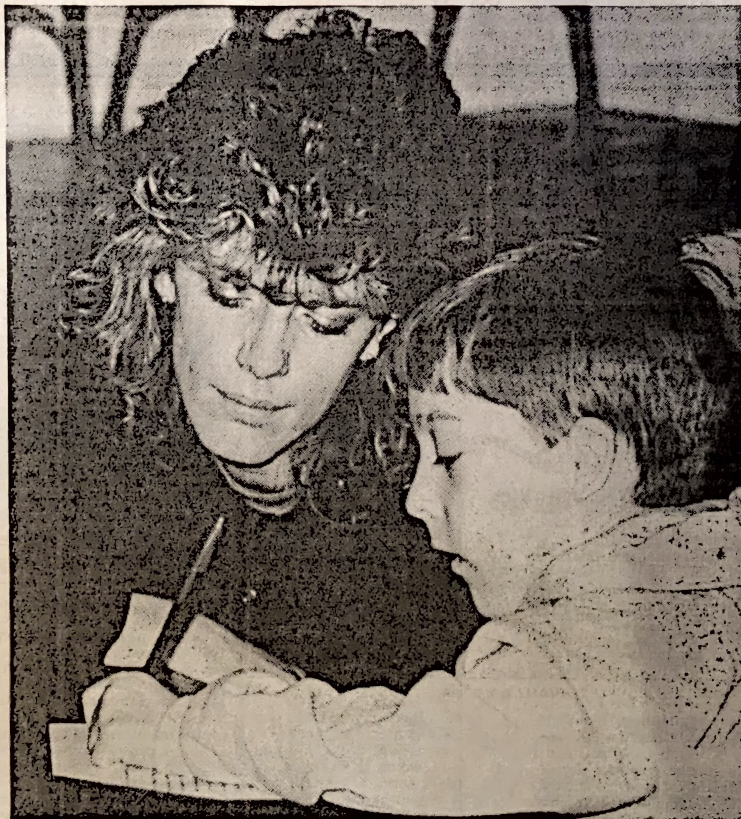
How about honoring the class member who has lost the most teeth? Or honoring the woman who raised the most prominent mustache? How about honoring the person with the biggest belly?

How about it, Abby? Will you please put the word out that class reunions can be even more fun without hurting people's feelings with this kind of sick humor?

— MIDWEST MAMMA
IN IOWA CITY
DEAR MAMMA: Consider the word out. As a fellow Iowan, I apologize for such a tasteless stunt. A booby prize for the insensitive boob who conceived the idea.

DEAR ABBY: I am in my late 30s. My father (if you can call him that) was an abusive drunk from the time I was born — and earlier, so I'm told.

Through years of abuse, my mother did nothing to stop his



MRS. WANDA HEBERT works with her son in preparation for an exam.

Written Exams Required
On Handling of New Dog

— DANNY —

(Continued from Page 1G)

"A child's dog must be more compliant and more willing to accept different people as a leader. Not all dogs will do that."

Finally, after months of waiting, the CCI staff felt they had two or three dogs appropriate for children. The Heberts were notified that Danny was scheduled for the May training session at the Columbus facility.

In addition, he had sole responsibility for her care, and even his mother was not permitted to interact with her, except under his direction.

"It was really hard in the beginning," said Wanda Hebert, Danny's mother. "I couldn't touch her, speak to her, even look at her. But I knew it was important for Amber to see Danny as her leader, not me. And now she really does."

Even if I do something like fill her water bowl, she knows it was Danny that asked me to do it."

Help Your Child
Enjoy the Summer

— CREATIVE —

(Continued from Page 1G)
time, has written a source book on the topic called *School's Out — Now What? Creative Choices for your Child* (Ten Speed Press, 1984). She now teaches graduate classes in early childhood education at Wheelock College in Boston.

Almost 80 percent of children's waking time is spare time, Bergstrom says. That's why it is so important to teach them how to use it wisely and creatively. Although it sounds difficult, it needn't be, she advises.

Start by asking your child questions such as, "If you could do one thing that would be really fun, what would it be?" Listen carefully, and help him determine what he might enjoy trying.

Then help him get started. "Go to a store with your child, and get him to pick out something he would be interested in doing," Bergstrom says. "I used to think about what I loved to do as a child and suggest those things to my son."

Parents could take their children to county fairs, to flea markets, on nature walks or to the library, she suggests.

"You could even work on 101 things to do with bubbles, introduce your children to sewing or knitting, classify bugs or learn to use a CB radio."

Some kids truly love television, which isn't all bad, Bergstrom says. She suggests using it as a way into related activities.

"If a child loves the series CHiPs, for example, give him books on the police, detective work or motorcycles," she says. If he enjoys watching dramas, help him learn how such shows are filmed and produced.

"And as you wean your child, teach him about critical TV watching."

Granted, it is harder to guide your child through free time than it is to guide the

Here Are Some
Things To Do

— WHAT TO DO —

(Continued from Page 1G)
tackle box in which to store everything.

STOCK THE KITCHEN: Stock the kitchen with interesting things (food coloring, colored pasta noodles, multi-flavored baking chips) and encourage your budding cook to experiment with them. Taste everything, even the items that look unusual.

ENTER CONTESTS: Find out about upcoming contests and help interested children prepare for them. Bergstrom also has written a book listing hundreds of contests, the rules and entry information (*All the Best Contests for Kids*, by Joan and Craig Bergstrom (Ten Speed Press, \$6.95)).

VISIT THE LIBRARY: Get a library card for both you and your children. Then take them often to browse and to check things out. Have your children keep wish lists of more expensive books they would like to own, and provide those lists to relatives on special occasions.

SEND FOR MAGAZINES: Have home reading materials organized so children can find what they're looking for. Decide with children on one or two magazines to subscribe to. Plan to keep and store all issues. Use bedtime as reading aloud time. Post sheets on your child's bulletin board where each publication that's read can be listed.

LIST CHORES: Include chores in the plans, since they develop a sense of self-esteem and responsibility. Identify what jobs need to be done, then assign them. Devise some way to remind them, assume responsibility for overseeing them and give rewards. Be sure to discuss punishments, should they not get done.

"I'm not interested in

call him that) was an abusive drunk from the time I was born — and earlier, so I'm told.

Through years of abuse, my mother did nothing to stop his hideous abuse of both me and my sister. She sat there and watched, and did absolutely nothing to protect us or stop him. My father is now in his 60s, still drinking and as abusive as ever.

Would you believe that there are people who actually call mother a "living saint" for having put up with Dad's abusiveness through the years? Dad's family (and Mom's) go on and on about how "saintly" she is to have stayed with him through all of this.

... Abby, am I missing something? Will you please tell me how anyone can consider it "saintly" to take abuse and allow your children to be abused?

... I simply do not see my mother as a "saint." Tell me, honestly — do you?

— ABUSED AND CONFUSED
DEAR ABUSED AND CONFUSED: Knowing that your father was abusing you and your sister, and allowing the abuse to continue, makes your mother a party to the crime. A "saint" she ain't.

DEAR ABBY: Since you recently published a poem about goldfish, I thought your readers might find this one about a butterfly and a bee entertaining. I hope you think it's worth printing.

— GARTH NEVILLE,
OLD HICKORY, TENN.
DEAR GARTH: Worth printing? It gave me the best laugh I've had all week. Thanks for sending it my way.

THE BUTTERFLY
AND THE BEE
(Author Unknown)
Once upon a time
A handsome honeybee
Fell in love with a butterfly

He met in a tulip tree.

He said, "I love you madly
"And want to share your life

"Let's fly away together,
"Will you be my wife?"

She shook her head in sorrow,
"No, no, no," cried she.
"For I'm a monarch's daughter
"And you're just a son of a bee."

CCI staff felt they had two or three dogs appropriate for children. The Heberts were notified that Danny was scheduled for the May training session at the Columbus facility.

But the CCI staff still had their concerns about how Danny would do in the program. The training session at which program participants are matched with and trained to use their dogs is a grueling two-week course, with rigorous daily practice sessions and nightly written homework.

Past participants have affectionately named the class "bootcamp."

"Sometimes children just don't have the right experiences or the determination to make it through bootcamp," said Lisa Amaroli-Striffler, head trainer at CCI's newly-formed Northeast training center in Farmingdale, New York.

In fact, CCI is considering restricting program participation to children at least 11 years old.

Once at bootcamp, however, Danny quickly proved he had the desire and determination to complete the course. But it wasn't always easy.

At the beginning of bootcamp, the dogs already know 89 specialized commands and are better trained than the students.

But, as Phillips points out, "dogs are not little machines. They each have their own personalities and working styles."

Since many handicapped people lack the strength to physically correct their dog's mistakes, CCI students are taught to manage their dogs using motivation and praise.

Danny had to learn to think like a dog and motivate his Canine Companion mentally, rather than physically.

Students are also instructed in canine psychology and emotionality, basic canine health care, home and public safety, and canine learning theory.

Danny had to pass daily written quizzes, as well as a comprehensive written final exam.

For the first two days of bootcamp, every student works with every dog on a rotting basis.

During this time, the instructors observe how the students and dogs interact. Matches are made on the third day. The students are asked which dog they would like, but the ultimate decision is made by the CCI staff.

From the first day, Danny wanted only one dog — a 2-year-old female golden retriever named Amber. Although he knew the final decision wasn't his, his heart was set on Amber.

Tension was high the morning of the third day. But when the dogs were brought in and handed to their new masters, there were smiles all around. Nearly every student had received either their first or second choice. And Danny had been matched with Amber!

"Amber is an exceptional dog," said Ms. Amaroli-Striffler. "She's a very stable dog with a warm, cuddly personality. Her easy-going temperament makes her the perfect child's dog."

On the fourth day, students begin a process known as "bonding." For the remainder of bootcamp, and for two weeks after, Amber was physically connected to Danny by a 3-foot leash, 24 hours a day.

Amber to see Danny.

And now she really does.

Even if I do something like fill her water bowl, she knows it was Danny that asked me to do it."

In addition to simply learning and practicing the commands, the students go on several field trips where they are taught to handle their dogs in public.

These trips include excursions to a shopping mall, dinner at a local restaurant, the Columbus zoo, and even a movie.

"The zoo is the best field trip," said Phillips.

"It really gives people a chance to see how their dog reacts with all kinds of distractions."

There are more smells, sights, and sounds at the zoo than anywhere else." Even easy-going Amber got excited and started barking at Sunshine, the zoo's biggest gorilla.

Before students are permitted to take their dogs home, they must prove they can manage their Canine Companions under a variety of circumstances.

In addition to a practical exam taken in the classroom, each student/dog team must pass a "solo" exam at the mall. As they work their way through a set of specific tasks, each team is observed and evaluated by a CCI "spy" who then reports back to the instructors. Danny and Amber passed their solo with flying colors, even (unknowingly) asking their spy for directions.

A formal graduation ceremony marks the end of bootcamp. It is an emotional time, attended by friends, family, CCI staff, and local dignitaries.

Bonita Bergin, CCI's founder and executive Director, was on hand to congratulate the graduates and wish them well. Danny's father, Rick, and twin sister, Danielle, drove from New Hampshire to join Danny and his mother for the ceremony.

Graduation is also the time when many students get to meet the volunteer foster families who raised their Canine Companions for the first 18 months.

Amber's puppy raiser, Erma Phillips of Memphis, Tennessee, was able to attend and was greeted with enthusiastic tail-wagging. Amber was overjoyed to see her former mistress.

But when Phillips and her daughter, Thoosdi, officially presented Amber to Danny during the formal ceremony, there was no doubt that Amber was now Danny's dog.

As the Heberts returned to Concord, Danny and his mom were tired. It had been a strenuous two weeks. But they still had to introduce Amber to the rest of the Hebert family and the daily household routine.

For most of his young life, Danny Hebert has realized he is not like other kids. He can't walk, or run, or play the sports he so dearly loves.

But now Danny has a special friend to talk to and to play with. A friend who doesn't mind that he can't walk, a friend who is willing to retrieve a tennis ball or just sit and snuggle. Their happiness together can only be measured by the smile on Danny's face and the constant wagging of Amber's tail.

TV watching."

Granted, it is harder to guide your child through free time than it is to supply the Nintendo games. It isn't that much harder, though.

"It doesn't take much more energy to come up with more creative options," Bergstrom insists. "And if your children are with a sitter, tell her what you want them to work on. Have them design a room in a dollhouse, or line up tennis lessons for them."

She suggests mapping out a week-by-week schedule of things to pursue, and have set times to do them. "They have to be scheduled, or they don't get done," she adds.

If your child picks activities you don't enjoy or don't understand, don't panic. It's not impossible to find neighbors or friends willing to help.

Salty Marsh Club Holds Plant Sale

HAMPTON — The Salty Marsh Garden Club recently held its annual plant sale at the home of Mrs. Lois Cutler. Prior to the sale, President Edna Pearl Parr held a brief business meeting. Secretary Helen Haemsegger, Corresponding Secretary Ann Marie Weston and Treasurer Theresa Perry read their reports.

The club welcomed Miss Gertrude Clifford as the newest member.

Tot-Sized TV Dinners Quick for Mom To Use

— TV DINNER —
(Continued from Page 1G)

made baby food. She spent every other weekend cooking and freezing 40 mini-TV dinners.

When she moved to the United States and gave birth to Margo, now 15 months old, Ivarsson "decided to do what every American mother does" and bought a jar of commercial baby food.

The strained carrots, she said, were flavorless. Margo wasn't enthusiastic food either, she said.

So, Ivarsson formed Starting Right with Pigott, who has a degree in finance and once owned and operated a restaurant.

Doctor friends gave advice about nutrition, and Ivarsson's husband, who runs a restaurant helped with business tips.

If the frozen dinners catch on, the company plans to incorporate regional foods, depending on where the meals are distributed, so babies start out eating foods they'll be served as they grow up. Suggested retail prices range from about \$1.35 to \$1.49.

Pigott and Ivarsson said they're trying to help women who get involved in the business. The board members are women and the majority of the company stockholders are women.

"I don't know if you'd call it feminist, but our philosophy was that if we have the opportunity to help women, good," Pigott said.

The company faces tough competition from other baby food manufacturers, particularly the Fremont, Mich.-based Gerber Product Co., which controls 70 percent of the baby food market, said Gerber spokeswoman Barbara Ivens.

Gerber's baby foods have no additives except water for making puree, Ivens said. Only the desserts have sugar added and some of the fruits have added vitamin C, she said.

get done.

"I'm not interested in building soap box derby cars, but I was able to swap with a neighbor," she says. "He helped my son with that, and he helped his children do something I liked to do."

"Another neighbor takes a group of kids camping every two weeks. You have to be resourceful and ask yourself, 'Who else can I draw on?'"

In addition to distracting your Nintendo fanatics, such a plan can help them become more social, Bergstrom says.

"Kids that like to do things are interesting to other kids," she said. "They're more fun to be friends with."

(Linda Castrone is a reporter for The Rocky Mountain News in Denver.)

Presentation a Challenge for Diane Kozdra

SALEM — When Diane E. Kozdra cooks a meal, her house is as crowded as a well-known railroad terminal in New York City.

"Our home is always like Grand Central Station because it's a meeting place for most occasions," she said. "People love to eat and I love to entertain," she said.

"At Christmas, we have 60 to 70 people and I do all the cooking."

Though she prefers preparing desserts, Kozdra said she likes the "challenge of 'presentation' for my main dish because I think that is the most important part of good cooking."

She initially began cooking at a young age to help her mother. "My mother was a single parent for many years and held two jobs at all times."

Kozdra and her husband, William, who owns and operates a construction company, have two daughters.

Outside of the kitchen, Kozdra enjoys gardening, sewing, arts and crafts, rug hooking and, "most of all," golf.

She is publicity chairman for the Salem Garden Club and is also a member of the Pine Valley Golf Links in Pelham and the National Guild of Pearl K. McGown Rug Hookrafters Inc.

She and her husband have spent the past five years refurbishing a 1732 Saltbox and barn in North Salem. Now that the project is nearing completion, they have turned their attention to gardening.

"We have a vegetable garden and many fruit trees and berry bushes. I have a small herb garden and enjoy experimenting with the herbs," she said.

CHILI

2 pounds steak tips
1 large can tomato sauce
1 cup water

2 beef bouillon cubes
2 large onions, chopped into large pieces
4 green peppers (large chunks)
2 cloves garlic (crushed)
2-3 tablespoons chili powder
1 teaspoon pepper
1 tablespoon brown sugar
1 tablespoon wine vinegar
1 teaspoon cumin
¼ cup chopped fresh parsley
2 cans Old El Paso Tex-Mex Beans

Put all ingredients in crock pot. Stir, cover and cook on low 10-12 hours. About hour before serving turn heat to high. Mix ¼ cup cornstarch with ¼ cup cold water. Add to chili. Garnish with 6 ounces grated cheese, 1 chopped onion and chopped or sliced jalapenos. Best made 1 or 2 days ahead. Serves 8.

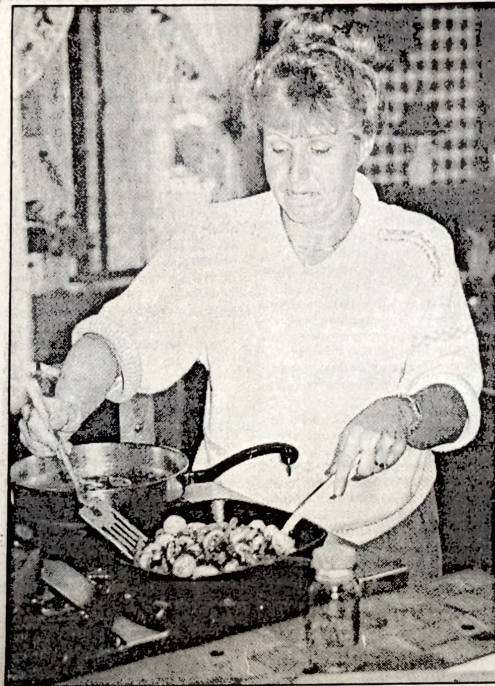
SWISS CHEESE POTATOES

2 lb. package frozen hash brown potatoes, thawed 30 minutes
1 can cream chicken soup
¾ cup can of milk
16 oz. carton sour cream
1 stick margarine, melted
8 ounces sharp grated cheese
1 cup crushed potato chips
Salt and pepper to taste

Combine all ingredients in large bowl. Bake in a 13x9x2 pan until brown. Freeze before cooking if desired. Keeps 6 months. Than for 2 hours bake at 350° for about 1½ hours until brown. Serves 8-10.

24 HOUR OMELETTE

8 slices white bread
1 pound longhorn cheese, grated
8 eggs



DIANE E. KOZDRA

Photo by Diana Brown

¾ teaspoon salt
3 cups milk
¾ teaspoon dry mustard
Dash cayenne pepper
Green onions
Fresh mushrooms (plenty)

Butter bread and cut into 1" cubes; place in greased 9x13 pan. Sprinkle grated cheese over bread cubes. Top with layer of sliced onions and fresh mushrooms.

rooms. Beat eggs, milk, and spices together and pour over. Refrigerate overnight, or a minimum of 6 hours. Bake, covered at 350° for 1 hour uncover and cook until brown about 15 minutes. Super brunch dish. Serves 8.

WHAT TO DO WITH OVER-RIPE BANANAS CAKE

Cook of the Week

Each week the New Hampshire Sunday News features a "Cook of the Week." If you know of someone who is a great cook, drop us a note with the person's name, address and phone number and we'll do the rest. Recommendations may be mailed to: Cook of the Week, Family News Department, The Union Leader, P.O. Box 780, Manchester, NH 03105.

(My own creation)

1 Pillsbury Plus White Cake Mix
2 eggs slightly beaten
2 teaspoon banana flavoring
4 large over-ripened bananas (mashed)

Mix all ingredients, grease and flour 8" round pans. Bake 350° for 25-30 minutes, or until inserted toothpick comes out dry. Cool, frost with real butter cream frosting.

Butter Cream Frosting

1 pound confectioner's sugar
2 sticks butter, room temperature
2 teaspoon vanilla
Small amount of cream to make fluffy

Mix all with blender and frost layer cake.

FRIED ICE CREAM

4-10" flour tortillas
Vegetable oil for deep frying
Vanilla ice cream
Honey
Cinnamon

Heat 4" oil in small deep pan, place tortillas, one at a time in oil after 20-30 seconds shape tortilla with wooden spoons to form a cup for ice cream. Cook until slightly brown. Drain on towel. Place in individual serving dishes and drizzle with honey. Place 2 scoops ice cream in cup shape and sprinkle heavily with cinnamon. Very easy. Serves 4.

Betty Crocker Q & A

Q. Why do homemade noodles made with baking powder turn dark when refrigerated? Mrs. P.J., Hiawatha, KS

A. Baking powder reacts with flour and discolors noodles. Use refrigerated cooked noodles within 48 hours and they are safe to eat, even if they have discolored. It is unnecessary to use baking powder in noodles.

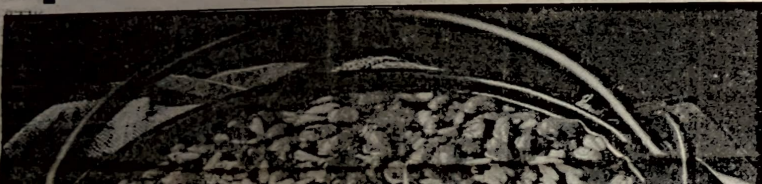
Q. My cinnamon rolls separate after they are removed from oven. What causes this? W.G., Corn, OK

A. One of several techniques or ingredient combinations may be the cause. Rings may separate due to rolling them too tightly or letting dough rise too long. Separation also may occur if rolls are rolled too loosely.

Use regular butter or margarine instead of the "light" variety because this has a higher water content and may contribute to separation of rings. Or an uneven butter/cinnamon-sugar mixture may be a factor.

Do you have a question? Write Dear Betty Crocker, Box 1113, Dept. Betty, Minneapolis, MN 55440.

Spice Up Cookout With Unbaked 'Baked' Beans



Baked beans with burgers, chicken or whatever's sizzling on the grill are cookout menu favorites.

But because they take so long to prepare from scratch, they're often bypassed by all but the most dedicated cooks.

Summer's the time for easy cooking. To sidestep the sorting, cleaning, soaking and slowly

onion and cumin, while picante sauce adds spicy appeal. Ever better than baked beans!

TEXAS-STYLE BEANS AND RICE

1 jar or can (16 to 18 ounces) baked beans
1 can (8 ounces) stewed tomatoes
½ cup picante sauce
½ cup beer

tablespoons drippings. Cook onion in reserved drippings until tender but not brown. Cumble bacon; add to skillet with picante sauce, catsup, brown sugar and cumin. Mix well. Add beans; bring to a boil. Reduce heat; simmer uncovered about 20 minutes or until thickened to desired consistency. Makes 8 to 8 servings.



SPICY sweet Texas-style beans and rice are a great-tasting side treat for whatever's sizzling on the grill.

SEARS

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Get one room of Sears Carpet Cleaning free with this coupon when you have two or more rooms cleaned at the regular price. Two rooms regularly \$54.99, now three rooms for \$54.99, additional rooms \$19.00 each.

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SEARS
Your money's worth
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But because they take so long to prepare from scratch, they're often bypassed by all but the most dedicated cooks.

Summer's the time for easy cooking. To sidestep the sorting, cleaning, soaking and slowly baking which dried beans require, PACE® picante sauce home economists have created two new recipes for great-tasting "unbaked beans."

Both team convenient canned beans with vegetables and savory seasonings, and both rely on the cook's choice of mild, medium or hot picante sauce for garden-fresh flavor and lively jalapeño "heat."

After a short simmer, they're ready to serve.

Try spicy, "spirited" Texas-style beans and rice next time you fire up the grill.

A change-of-pace taste treat, it combines canned baked beans, stewed tomatoes and rich with zesty picante sauce, beer and brown sugar.

The last-minute sprinkling of green onions and cilantro adds fresh appeal.

All through the summer and into the winter, spicy-sweet skillet beans are sure to be in demand. Catsup and brown sugar lightly sweeten pork and beans enhanced with bacon.

BEANS AND RICE

1 jar or can (16 to 18 ounces) picante sauce, catsup, beer and cumin. Mix well. Add heat; bring to a boil. Reduce heat; simmer uncovered about 20 minutes or until thickened to desired consistency. Makes 6 to 8 servings.

Combine beans, tomatoes, picante sauce, beer and brown sugar in large saucepan. Simmer uncovered 20 minutes. Stir in rice and salt; heat through. Sprinkle with onion and, if desired, cilantro. Serve with additional picante sauce. Makes 6 to 8 servings, about 5 cups beans.

SPICY-SWEET SKILLET BEANS

4 slices bacon
1/2 cup chopped onion
1/2 to 1 cup PACE® picante sauce, as desired
2 tablespoons catsup
2 tablespoons brown sugar
1/2 teaspoon ground cumin
2 cans (16 ounces each) pork and beans in tomato sauce
Cook bacon in medium skillet until crisp; drain, reserving 2

Itchy Ears

NEW YORK (AP) — Hiccups usually aren't of great concern but there was a case in which a woman complained of hiccuping as often as five times a minute with a persistent itch in her left ear.

When doctors examined the ear, according to Discover magazine, they found an ant in it. The ant had irritated a branch of the vagus nerve that runs from the brain, through the ear and down into the abdomen where the diaphragm is located.

Hiccups are caused when the diaphragm tries to cough out an irritant. When the ant was washed out of the ear the hiccups stopped.

Every Thursday in The Union Leader Weekend Scene lets you know what's happening around the state. Looking for entertainment, find it in the Weekend Scene.

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Health and Self-Help

(Notices of coming events must be delivered to the New Hampshire Sunday News by noon Wednesday for publication the following Sunday. We will list public events of general interest sponsored by nonprofit organizations, as space allows. All notices must include the name of the organization, the time and location of the event, and the name and telephone number of a person we can contact concerning the event. Notices not having this information will not be published. No telephone calls will be accepted. Our mailing address is: New Hampshire Sunday News, P.O. Box 780, Manchester 03105.)

MANCHESTER — Al-Anon Wednesday Morning Share and Care family group will meet from 10 to 11:30 a.m. at St. Edmund's parish hall.

NASHUA — Nashua Memorial Hospital will offer a four-hour heart saver course in CPR and choke-saving maneuver Tuesday from 6 to 10 p.m. Fee \$15. More information 883-5521 ext. 2555.

NASHUA — Nashua Memorial Hospital will offer a quit smoking with hypnosis session Thursday at 6:45 p.m. Fee \$45. More information (call collect) 617-335-4022.

DOFFTOWN — VNA Community Services will hold a free immunization clinic for adults and children Tuesday at 9 a.m. at St. Lawrence Church, 63 Main St. More information 622-3781.

MANCHESTER — The VNA of Manchester and Southern New Hampshire will hold free blood pressure clinic Monday at 1:30 p.m. at the O'Malley Apartments, 259 Chestnut St., and Thursday at 12:30 p.m. at the Jewish Community Center, 698 Beech St.

Use Compost To Build Soil Without Overfertilizing

By CHRISTINE ARPE GANG
 Scripps Howard News Service
 Every gardener appreciates the value of compost — rich, brown organic material that can be used freely to build the soil with no concern about over-fertilizing.

It loosens the dirt, provides nutrients in a form easily used by plants and promotes the growth of worms which aerate the soil.

But the downside of compost is making it, a process that involves building a bin or dig-

NEWPORT — The American Red Cross Bloodmobile will be at the Moose Club Tuesday from noon to 5:30 p.m.

MANCHESTER — Catholic Medical Center will hold a natural family session Wednesday at 7:30 p.m. at 228 Maple St. Registration required. Fee \$15. More information 641-9356.

EXETER — The Exeter Area Visiting Nurse Association and the Exeter Council on Aging will sponsor a blood screening clinic Monday from 1 to 3 p.m. at the senior citizens center, Court Street. More information 772-2981.

BOW — The Concord Chapter of the New Hampshire Post Polio Support Group will meet Saturday from 2 to 4 p.m. at the office of Applied Orthotic/Prosthetic Technologies, 48 Grandview Road.

DOVER — The Seacoast Catholic Adult Singles meet the first Sunday of each month at 7:30 p.m. at St. Joseph Church hall, Central Avenue. More information 659-2279, 692-3910 or 692-3902.

PLAISTOW — The Derry VNA will hold a free senior blood pressure screening Monday from 9:30 a.m. to noon at the Vic Geary Center.

DERRY — The Derry VNA will hold a free immunization clinic Tuesday at the VNA office, 11 Wall St. More information 432-7776.

LONDONDERRY — The Derry VNA will hold a free senior blood pressure clinic Thursday from 10:30 a.m. to noon at Mayflower Hall, Mammoth Road.

NASHUA — A cesarean section class will be held Tuesday from 7 to 9 p.m. at St. Joseph Hospital. Registration required. More information 882-3000.

HILLSBOROUGH — A AIDS support group will meet Monday at 7:30 p.m. at the Methodist Church, Main Street. More information 478-5315

or 464-5476.

EXETER — The Exeter Area Walking Club holds its scheduled walks on Monday, Wednesday and Friday at 8 a.m.

EXETER — The Exeter Area Visiting Nurse Association sponsors foot care clinics for the elderly the first three Wednesdays of every month at the Squamscott Senior Citizen Housing. More information, appointments 772-2981.

MARLBOROUGH — The early-stage Alzheimer support group meets the third Saturday of each month at 1 p.m. at 188 Hebb Depot Road. More information 876-4533.

CONCORD — The Granite State Wheelmen, a recreation bicycling club for men, women, adolescents and families, offers rides in the Concord area Monday through Saturday. More information 225-2820.

MANCHESTER — Will-Cope Parkinson's Support Group of New Hampshire for those with Parkinson's Disease and their families meets every second Tuesday of the month at 7 p.m. at St. John the Baptist Parish Center, 305 Kelley St. More information 625-6810 or 625-6772.

MANCHESTER — Narcotics Anonymous, a self-help group for recovering addicts, meets Sundays at 10 a.m. at 88 Hanover St., Mondays at 7:30 p.m. at St. Joseph Junior High School, Bridge and Pine streets; Tuesdays at 8 p.m. at Lake Shore Hospital, Zachary Road; Wednesdays at 7:30 p.m. at the Homestead House, 628 Hanover St.; Thursdays at 8 p.m. at the Catholic Medical Center cafeteria; Fridays at 7:30 p.m. at the Salvation Army building, 121 Cedar St., and Saturdays at 7:30 p.m. at the Grace Church, Lowell Street.

DERRY — Narcotics Anonymous meets Thursdays at 8 p.m. in the Old Boy's Club building on Hampstead Road.

DOVER — The Seacoast Breast Cancer Support Group meets the third Wednesday of every month from 6:30 to 9 p.m. in the Garrison Medical Building, 770 Central Ave. More information 742-0858.

EXETER — Seacoast Hospice, a non-profit organization dedicated to offering support and compassion-

ate care to patients and families dealing with life-threatening illnesses, has added 10 electric hospital beds to its loan closet. More information 778-7391.

DERRY — Hope's Place, a social day program for people with Alzheimer's Disease or other memory loss, meets every Tuesday from 9 a.m. to noon at the First Parish Church. More information 432-7776.

HOPKINTON — The Hopkinton Community Center walking program offers walks Monday and Friday at 10 a.m. and Tuesday and Thursday at 6:30 p.m. Participants should meet at the center. More information 746-5676.

NASHUA — Nashua Memorial Hospital's deNicola Center for Women's Health hold cholesterol, anemia and blood sugar screenings every Wednesday from 10 a.m. to 6 p.m. at 221 Main St., Suite 302. Fee \$5. More information 595-2111.

BERLIN — National Multiple Sclerosis Support Group meets every third Monday at 6:30 p.m. at Androscoquin Valley Hospital. Call 1-800-562-3905.

DOVER — The Seacoast Catholic Adult Singles meet the first Sunday of each month at 7:30 p.m. at St. Joseph Church hall, Central Avenue. More information 692-3902, 659-2279 or 692-3910.

WOLFEBORO — Welcome Baby, a program for first-time parents offered by the VNA of Wolfboro and vicinity, has volunteers available to provide emotional support and information on child behavior and development. More information 569-2729.

NASHUA — An infertility discussion group meets every other Wednesday at 5 p.m. at Matthew Thornton Health Plan. More information 883-0323 ext.2220.

NASHUA — A new mothers group meets Thursdays from 11 a.m. to 12:30 p.m. at Matthew Thornton Health Plan. More information 883-2800 ext. 3308.

HOPKINTON — A free blood pressure clinic is held every Wednesday from 11:30 a.m. to 12:30 p.m. at the Hopkinton Community Center.

SALEM — Mothers of AIDS patients and others hold a support group

meeting the second and fourth Wednesday of every month at 7 p.m. at the Pleasant Street United Methodist Church, 8 Pleasant St.

EXETER — Seacoast Hospice, a non-profit organization founded to offer care and counseling to those with life-threatening illnesses, have members available to speak to clubs and organizations. More information 778-7391.

EPHINGHAM — The National Multiple Sclerosis Support Group meets every third Tuesday at 7 p.m. at Epping Elementary School.

PLYMOUTH — The National Multiple Sclerosis Support Group meets every first Monday at 3 p.m. at Seave-Speare Memorial Hospital.

KEENE — The National Multiple Sclerosis Support Group meets every third Thursday at 7 p.m. at the VFW. More information 585-7715.

MANCHESTER — The Manchester Crisis Pregnancy Center has women who have experienced abortions available to speak to pregnant women. More information 623-1122.

CONCORD — Compassionate Friends, a support group for bereaved parents, meets the third Monday of every month at 7:30 p.m. at the Congregational Church, cor-

ner of North Main and Washington streets. More information - 463-7009.

HANOVER — National Multiple Sclerosis Support Group meets every third Wednesday at 6 p.m. at Howe Library. Call 1-800-562-3905.

LACONIA — National Multiple Sclerosis Support Group meets every third Thursday at Lakes Region General Hospital. Call 1-800-562-3905.

LANCASTER — National Multiple Sclerosis Support Group meets every third Wednesday at 7 p.m. at Weeks Memorial Hospital. Call 1-800-562-3905.

MANCHESTER — National Multiple Sclerosis Support Group meets every fourth Friday from 1 to 3 p.m. at Easter Seals, 555 Auburn St. Call 1-800-562-3905.

BEDFORD — Emotions Anonymous meets every Tuesday at 7:30 p.m. at Bedford Presbyterian Church, 4 Church Road.

DOVER — Emotions Anonymous meets every Tuesday at 7 p.m. at the Dover Library, Locust St.

NASHUA — Emotions Anonymous meets every Thursday at 7:30 p.m. at St. Christopher's Church, Manchester Street.

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utilizing.
It loosens the dirt, provides nutrients in a form easily used by plants and promotes the growth of worms which aerate the soil.

But the downside of compost is making it, a process that involves building a bin or digging a hole to hold grass clippings, leaves and kitchen scraps. The pile must be regularly turned with a pitchfork for aeration. Then, after all that, the desirable material is always on the bottom in a hard-to-get-to place.

Gardeners with small plots and weak backs may find an easier road to composting by using a commercially made bin. Made of durable plastic or metal, the bins have basically two styles—drums which can be rotated and bins which resemble large squat garbage pails.

With garbage bin types, finished compost is removed from the bottom by sliding up a side panel.

"Commercial bins make it

\$100 to \$320. Organic Gardening magazine conducted a test of five composters and published the results last year.

They were the E-Z Spin, a drum style available through Garden Way, Inc. of Troy, N.Y.; Green Magic Compost Tumbler, a drum available through Gardener's Supply in Burlington, Vt.; Kemp Drum Compost Tumbler, manufactured by Kemp Co., Lititz, Pa.; Growmaker-10 available through the Kinsman Co., Point Pleasant, Pa., and The Soilsaver, a rotating drum.



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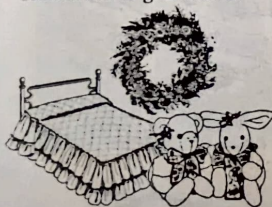
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<p>SWEATERS August 5 - August 19</p> <p>2.99 EACH</p> <p><small>Limit 7 sweaters. Coupon must be presented when clothes are brought in.</small></p> <p>SAVE OVER \$1</p>	<p>Men's & Ladies' RAIN COATS July 31 - August 26</p> <p>6.99 EACH</p> <p><small>No limit with this coupon but must be presented when cleaning is brought in.</small></p> <p>SAVE OVER \$3</p>	<p>DRAPES Until August 26</p> <p>25% OFF</p> <p><small>REGULAR PRICE</small></p> <p><small>No limit with this coupon but must be presented when cleaning is brought in.</small></p>	<p>Men's & Ladies' SPORTS COATS July 29 - August 26</p> <p>2.99 EACH</p> <p><small>No limit with this coupon but must be presented when clothes are brought in.</small></p> <p>SAVE OVER \$1</p>	<p>Men's & Ladies' SHIRTS Until August 31</p> <p>99¢ EACH</p> <p><small>silk and fancy blouses excluded</small></p> <p><small>No limit with this coupon but must be presented when clothes are brought in.</small></p> <p>SAVE OVER \$1</p>

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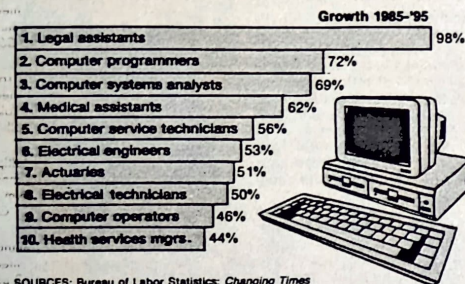
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SOURCES: Bureau of Labor Statistics; Changing Times

Copley News Service/Ken Marshall

Sweeps Junkie Uses Work Break For Entry Frenzy

By PAULA BERN

Scrrips Howard News Service — "Q: I'm another sweepstakes junkie, always 'working' throughout my entire lunch hour addressing envelopes in hopes of winning a vacation or a new car. My mate constantly complains that my hobby has become more important to me than my job and says I'm addicted. She says I should exercise. Actually, while I've never won much, I enjoy entering these contests. How can I increase my chances?"

A: At the risk of starting an argument, I agree with your friend. However, if you're determined to spend your break this way, I will pass along a few ideas from Bob Walker, president of Promotion Marketing Services, a company that handles 50 major sweepstakes annually. Always check whether a sweepstakes is on the up and up. If they ask for money or require a proof of purchase, don't enter! Remember, this is a random drawing based on luck. Choose a contest that requires entry forms, stagger your entries so that they're not all in the same mail bin and enter several times. Write legibly. And enter a variety of

of your husband's success is in order for his customers, and perhaps his school alumni association, the local newspaper, your church and the firm's newsletter. But the news release must originate with his company. If your spouse is a bit shy, you might contact the firm's public relations office and ask whether they need additional information for any news release being prepared and offer to mail them a glossy print of your hubby to accompany it. You would display your knowledge of business manners and, at the same time, perhaps give them a nudge in the right direction.

Dear Dr. Bern: You were wrong when you said in a recent column that women cannot go to sumo wrestling tournaments in Japan. They do — and I know from first-hand experience. During the five years our family was in Japan one of my wife's favorite pastimes was attending sumo tournaments, or "bashos." Women actually make up a large percentage of the attendees.

— Keith M., Danville, Calif.

By BRIAN DICKINSON
Scrrips Howard News Service
A bit breathless in these steamy days, we glance at the calendar to find that an entire month of summer has fled, rather as though it had faded into the haze one evening when we weren't looking. More than a month back, the days had already begun growing shorter, or so they say. Where did the All-Star Game go? We must have been snoozing.

By now, most of the season's patterns have settled into place. Mosquitoes declare guerrilla war on backyard parties, mildew shrouds the stand of garden phlox, and the little van selling frozen lemon slush has reappeared down the road. The cat lies splayed out in a shady corner of the terrace, limp as an old fish and barely drawing breath.

Into this sultry time arrived three collegians who have been known to drop in from time to time and grace us with their presence for a few minutes.

They had arrived home by stages in late spring, visibly drained by college rigors and in need of a restorative pause. "Pause" meant for them a succession of sociable evenings more or less around the clock, a regimen they thought could last until fall.

For a time early this summer, this rationale held sway. They took to living by a local variant of Tahitian time, arising languidly about noon and idling heavily-lidded through the hours until dusk, at which time they would visit the feed trough for the obligatory 45 seconds. As evening drew on, the telephone would jangle and — it never failed — a full-fledged social evening would burst into being, with scores of admirers (or so it was said) clamoring for their presence across town or down on a beach. From such adventures these worthies

would make their way home at hours that were not to be believed.

While this was all great fun, it ran counter to a family decision, set forth early in the year, that each of the three would find a summer job as they had done before.

To this decree they had nodded in ready agreement. No problem, they said, in that universal phrase the young use to dismiss any direct request or injunction. We WILL get jobs. And, patting us reassuringly on the back, they would drive into the night to visit friends.

But — surprise! — no jobs leaped up off the grass and embraced them. No executive came to the door and implored them to relocate into a corner suite at \$40,000 a year. Feeling rebuffed, and sure they could not land a position, they elected to weave and bob. In the greatest bit of fiction since "War and Peace," they declared that the job market was tight. Anyway, they said, finding a good job takes time. No problem. And they patted us reassuringly on the back.

This was an artful stall, but summer was slipping away. Soon they would be calling home for funds — for new jeans, a popcorn popper, aquarium fish or whatever. To meet this need, they were told firmly, they would get jobs. This incantation was repeated so often that it became a family mantra, each evening easing us all into a hypnotic trance around the dinner table.

For a time nothing changed. Then one day, without preamble, one of the three

announced that he had secured a job driving a delivery truck. He would start the next day, he declared, and he did. This meant rising at the astonishing hour of 7 a.m. to shower, dress and get himself across town in time for work. We blinked at each other in wonder.

At day's end he returned, worn and slumping just a bit, as though to assure us he had gotten off to a grueling start. We just didn't know, he said, how draining it was to drive a truck all day long. And, eating only a few bites of supper, he went off to sleep. Up the next morning and, despite some grumbling, a new jauntness seemed to be creeping in. He, in baseball cap and jeans, was a working man. And when the first paycheck came home, he actually beamed.

Within a few days his message had become contagious. His brothers, although a bit less quick out of the gate, began to notice that something had changed. Working man: They saw it in his eyes, and they looked upon his wallet in wonderment, for now it held cash.

That was all it took. They swung into motion, and a single phone call led them to a rugged construction job involving assembling metal racks and lockers. They reported for work, and after only two days were asked to stay on for the summer. It was a decent wage, and they would be working full

time. Grins all around. You would have thought they had won an Oscar. With a pad, pencil and some hasty arithmetic, they took a beat on their possible earnings. This, they agreed, could keep them in pizza funds at least through the fall.

Now they no longer live on Tahiti time. When their alarm goes off at 5:30 a.m. they are up without a murmur, and out of the house in an hour, headed for work. In the evening, drained by the heat, they trundle themselves home, pause for a quiet supper and turn in early.

They are in the swing of things now. At supper they talk with easy knowledge of power drills and rivet guns and steel plates. Although they're too modest to say it, they're proud. They're doing a day's work — and an adult-sized day's work, at that. Best of all, they now have some cash, acquired (as the ad says) the old-fashioned way.

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Joel Conrad, Director

Summer classes run through August 30

Fall classes begin September 7

Registration for Fall Classes will be held on:

Tuesday, September 5 & Wednesday, September 6

Celebrate with a delightful dinner, bed and breakfast. You like each other a lot. You don't have enough time together. You work too hard and too long. Time to stop. Get away and relax with each other. You don't have to travel far or pay a lot to get some precious togetherness. In fact, a few hours of dinner, bed and breakfast can feel like a week's vacation. Your delicious dinner was inspired in France and is served at charming Maitre Jacq on Crocheted Mountain in Franconstown. 15 minutes away you sleep in quiet, cozy Victorian splendor at the Greenfield B & B Inn. Your breakfast is a crystal-and-china feast accompanied by Mozart. Celebrating your

ger your entries so that they're not all in the same mail bin and enter several times. Write legibly. And enter a variety of different contests from different sources: from supermarket handouts, newspapers ads and newsletters. And good luck.

Q: My husband just received a corporate marketing award as a member of a nationwide task force. I'm so proud of him that I'd like to send an announcement to the customers he serves. If you say it's appropriate, do I write it in the form of a news release?

A: First, congratulations to your husband. However, even though he may be your special bundle of joy, you can't treat him as though he were an eight-pound bouncing gift from Heaven and send out an "announcement." You're dealing now with corporate protocol, and business manners differ greatly from those we use socially. I agree with you that an announcement

Churas Announce Birth of Brooke

Mr. and Mrs. John Churas, formerly of Manchester and now of Warwick, R.I., announce the birth of a daughter, Brooke Kimberly, on June 4 at Woman and Infant's Hospital in Providence, R.I.

Brooke has an older brother, John, 7, and an older sister, Kara Lee, 5.

Mrs. Churas is the former Kim Myers of Manchester.

Paternal grandparents are Mr. and Mrs. Frank Churas of Manchester.

Maternal grandmother is Lucille Myers of Hooksett.

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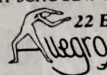
tournaments, or "basnos." Women actually make up a large percentage of the attendees.

— Keith M. Danville, Calif.

Dear Keith: You've penned me to the mat. I confess my knowledge of sumo wrestling is somewhat limited. I should have been more explicit and said, "Sumo wrestling is strictly a male sport, with women excluded from participating." Besides, do you know of any women who would want to put on more than 200 pounds to crash this all-male enclave?

Fall classes begin September 5
Registration for Fall Classes will be held on:
Tuesday, September 5 & Wednesday, September 6
from 3:00 - 7:00 p.m.

Ballet • Jazz • Pointe • Tap • Musical Comedy
Creative Drama • Stretch Class • Women's Celebration
Men's Jazz • Children's Workshop Performance
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22 Bridge St., Manchester, NH 03101
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B & B Inn. Your breakfast is a crystal-and-china feast accompanied by Mozart. Celebrating your birthday or anniversary is as good an excuse as any to enjoy each other again. Only \$89 mid-week, \$99 Friday and Saturday (if we're not sold out). Taxes and tips included. A petty price to pay for two people to enjoy each other again. Call (603) 547-6327. Brochure available.

Find The House of Lights and we'll pay your light bill for a year.

EVEN though The House of Lights is the largest lighting showroom in New Hampshire, people seem to be having some difficulty finding it. That's why we're offering you an extra incentive to do just that.

We're on Faltin Drive (Huh?). Off South Willow Street Behind the U-Haul going south toward The Mall.

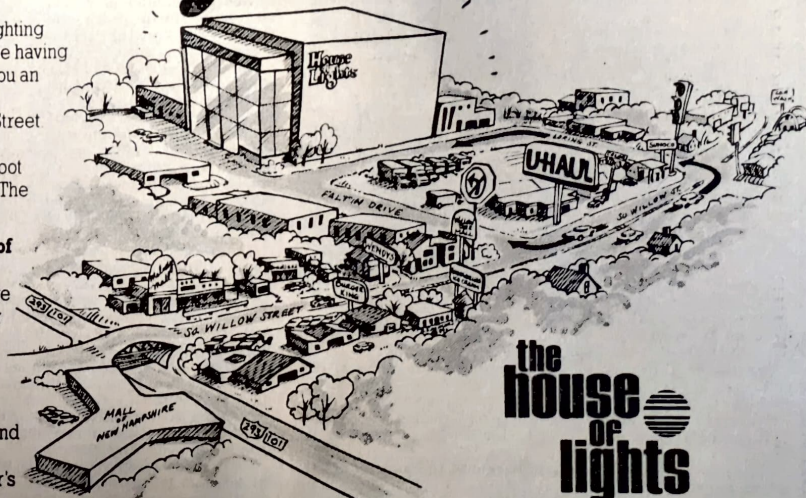
From 293 it's a little trickier. Ever have to overshoot your street to turn left on South Willow? Welcome to The House of Lights (Loring Street is the turn.).

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Weddings/Engagements

Hamlin-Romano

Teresa Marie Romano of Boston and J. Michael D. Hamlin of Concord were married in a double-ring ceremony performed by the Rev. Maurice LaRochelle at St. Marie Church.

The bride is the daughter of Mr. and Mrs. Anthony J. Romano, Jr., of New Hampton. The groom is the son of Mr. and Mrs. John L. Hamlin of Pittsfield.

Given in marriage by her father, the bride wore a gown of lantan lace, accented with pearls and beading. The train was cathedral length and scalloped with lace and pearls. Her headpiece was accented with a pearl spray.

She carried a bouquet of coral roses accented with Queen Annes lace and baby's breath.

The maid of honor was Laurianne Romano.

Other bridal attendants were Kathrine Gradwohl Diaz-Escobar of Mexico City; Christine Ciccone of Washington, D.C.; Linda Romano, sister-in-law of the bride, of Buffalo, N.Y.; Janet Giles, of Cleveland; Kathleen Corbett of Abington, Mass., cousin of the bride; and Kim Hamlin of San Marcos, Texas, sister of the groom.

The best man was Joseph Palisi of Phoenix, Ariz.

Ushers were Anthony J. Romano III, of Buffalo, brother of the bride; Robert Collette of Manchester; Stephen McGrath of Portsmouth, N.Y.; Keith Croteau, of Newport, R.I.; Adam Blumenstein of Stoughton, Mass.; and Kevin Boyle of Concord.

A reception was held at the Andover (Mass.) Marriott Hotel.

After a ten-day honeymoon in Jamaica, the couple will live in southern New Hampshire.

The bride graduated from New Hampton Prep School, St. Lawrence University in Canton, N.Y. and the University of Madrid, Spain.

She is employed as an assistant to general counsel by Kimberly Quality Care in Boston.

The groom attended Bishop Brady High School in Concord, Bridgeton Academy in Bridgeton, Maine and the University of New Hampshire. He is self-employed in the automobile business.

Morency-Reilly

YORK, Maine — Catherine Hallinan Reilly of Boston and Francis Octave Morency of Maynard, Mass., were married in a double-ring ceremony performed by the Rev. Iain MacLellan at St. Christopher's By-the-Sea.

The bride is the daughter of Mr. and Mrs. Lawrence K. Reilly of Cape Neddick, Maine. The groom is the son of Mr. and Mrs. Fernand J. Morency of Franklin, N.H.

Given in marriage by her father, the bride wore an



Cote Photography
MR. AND MRS. HAMLIN

Rhonda Lee Cote of Manchester and James Michael Tully of Londonderry were married in a double-ring ceremony performed by the Rev. Norman Bolduc in St. Joseph's Cathedral, Manchester.

The bride is the daughter of Mr. and Mrs. Robert J. Cote of Manchester, and the bridegroom is the son of Mrs. John J. Tully Jr. of Londonderry.

Given in marriage by her parents, the bride wore a white satin full-length gown with a chapel-length train.

Her headpiece was a simple satin bow with a fingertip-length veil.

She carried a bouquet of pink and white roses.

The maid of honor was Lee M. Mondor of Bedford.

Other bridal attendants were Margo Tully of Londonderry, sister of the groom; Debra Dickson of Eulest, Texas, sister of the bride; and Kathlene Patricia of Glastonbury, Conn.

The flower girl was Gina Anzalone of Manchester, niece of the bride, and the ring bearer was Christopher Cook of Miami, Fla., nephew of the groom.

The best man was John J. Tully III of Coral Springs, Fla., brother of the groom.

Ushers were Mauro Caputo of Orange, Mass.; Thomas Cote of Manchester, brother of the bride; and Keith Black of Methuen, Mass.

An outdoor reception was held at the Century Village Clubhouse in Londonderry.

After a one-week honeymoon in Paradise Island, Bahamas, the couple will live in Reading, Mass.

The bride was graduated from Manchester Central High School, Manchester, and Keene State College, Keene. She is employed by Business Expansion Capital, Boston.

The bridegroom was graduated from Bishop Fenwick High School, Peabody, Mass., and the University of Miami, Coral Gables, Fla. He is employed by Polymer Technology Corp. of Wilmington, Mass.

Smith-Myer

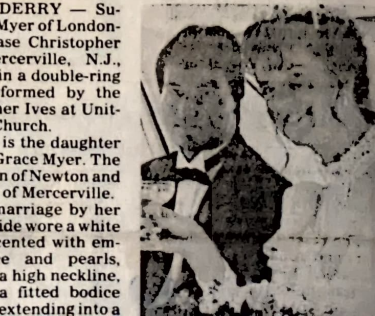
LONDONDERRY — Suzanne Carroll Myer of Londonderry and Chase Christopher Smith of Mercerville, N.J., were married in a double-ring ceremony performed by the Rev. Christopher Ives at United Methodist Church.

The bride is the daughter of Wayne and Grace Myer. The groom is the son of Newton and Marilyn Smith of Mercerville.

Given in marriage by her parents, the bride wore a white satin gown accented with embroidered lace and pearls, designed with a high neckline, long sleeves, a fitted bodice and a full skirt extending into a



Rheault Photography
MR. AND MRS. TULLY



Lussier-Demers

Kathleen J. Demers of Manchester and Michael P. Lussier of Derry were married in a double-ring ceremony performed by the Rev. Leonard Foisy at Our Lady of Perpetual Help Church.

The bride is the daughter of Mr. and Mrs. Joseph A.R. Demers of Manchester. The groom is the son of Mr. and Mrs. Aime Lussier of Manchester.

Given in marriage by her father, the bride wore a white organza gown over taffeta, accented with chantilly lace pearls and sequins and designed with a sabrina neckline, short puffed sleeves, fitted bodice and full skirt with a chapel-length train. Her fingertip length veil of silk illusion was caught to a half wreath of lace, pearls and sequins.

She carried an English Ivy cascade with pink roses, white mini-carnations and baby's breath with pearls and sequins.

The maid of honor was Priscilla M. Bienvenue, of Hooksett.

Other bridal attendants were Gloria M. Demers, of Manchester, sister-in-law of the bride; Maureen J. and Erin K. Demers, both of Manchester, nieces of the bride; and Jessica Ducharme, of Manchester, niece of the groom.

The best man was David L. Bubar of Hampton.

Ushers were Dwayne L. Smith of Shelburne, Vt.; Jack L. Lague of Barre, Vt.; and Alain G. Breault of Hooksett.

A reception was held at Sweeney Post in Manchester.

After a nine-day honeymoon in Hawaii, the couple will live in Derry.

The bride graduated from Memorial High School and is employed as a service specialist at New Hampshire Insurance Group.

The groom graduated from West High School and New Hampshire College. He is employed as a senior manager at Ernst & Whinney.



Cote Photography
MR. AND MRS. LUSSIER

Kapp-Dionne

Chantelle Corrinne Dionne of Manchester and John Samuel Kapp, of Mogadore, Ohio, were married in a double-ring ceremony performed by the Rev. Arthur Houde at Our Lady of Perpetual Help Church.

The bride is the daughter of Mr. and Mrs. Gerald C. Dionne of Manchester. The groom is the son of Mr. and Mrs. Scott Kapp of Magadore.

Given in marriage by her father, the bride wore a white satin gown accented with Venice lace, pearls and sequins and designed with a high neckline, long sleeve, fitted bodice and full skirt extending into a chapel-length train.



Christopher's By-the-Sea. The bride is the daughter of Mr. and Mrs. Lawrence K. Reilly of Cape Neddick, Maine. The groom is the son of Mr. and Mrs. Fernand J. Morency of Franklin, N.H.

Given in marriage by her father, the bride wore an antique (1910) heirloom gown of cotton lace, a headpiece of a wreath of dried flowers attached to a veil belonging to the bride's maternal grandmother.

She carried a bouquet of cut flowers of roses, freesia and sweet peas.

The matron of honor was Elizabeth R. Baxter of Lowell, sister of the bride.

Other bridal attendants were Ann L. Reilly of York, sister of the bride, and Patricia Sullivan Taity of Lowell.

The flower girl was Sarah Auger of Sanbornton, niece of the groom, and Molly O'Sullivan of York, niece of the bride.

The best man was Bruce Berlent of Medfield, Mass. Ushers were John Kelly of Haverhill, Mass. and Greg Clukey of North Chelmsford, Mass.

A reception was held at the York Golf and Tennis Club.

After a two-week honeymoon in Hawaii the couple will live in Maynard.

The bride graduated from Notre Dame Academy in Tyngsboro, Mass. and Georgetown University in Washington, D.C. She is employed as a geriatric nurse specialist by Beth Israel Hospital and Harvard Medical School in Boston.

The groom graduated from Franklin High School and the University of New Hampshire. He is employed as a software engineer at Digital Equipment Corp. in Marlboro, Mass.



MR. AND MRS. MORENCY

John Connell

Derby-Smith

PELHAM — Katherine Ann Smith of Chester and Richard E. Derby were married in a double-ring ceremony performed by the Rev. Edward D. Richard at St. Patrick's Church.

The bride is the daughter of Mr. and Mrs. Richard P. Smith of Chester. The groom is the son of Mr. and Mrs. Richard W. Derby.

Given in marriage by her father, the bride wore a full-length, white satin gown with a sweetheart neckline and cathedral-length train. Her fingertip veil was attached to a floral ring headpiece. She carried a bouquet of white and pink roses with streamer ribbons and bow with pearls.

The maid of honor was Sherry Nicolaissen of Chester.

Other bridal attendants were Lisa Johnson of Allentown and Deborah L. Smith of Chester, sister of bride.

The flower girl was Rachael Allen of Hudson, niece of the groom.

The best man was Gary H. Goyette.

Ushers were William Demers and Doug Langdon.

A reception was held at Chester Fields restaurant in Chester.

After a two-week honeymoon in Bermuda, the couple will live in Manchester.

The bride graduated from Pinkerton Academy in Derry and from Hesser College. She is employed as a postal clerk by the U.S. Postal Service.

The groom graduated from Pelham High School and is a postal clerk for the U.S. Postal Service.



MR. AND MRS. DERBY

Ginette Lemay

groom is the son of Newville and Marilyn Smith of Mercerville.

Given in marriage by her parents, the bride wore a white satin gown accented with embroidered lace and pearls, designed with a high neckline, long sleeves, a fitted bodice and a full skirt extending into a cathedral-length train.

She carried white and soft yellow mini-carnation, stephanotis, white roses, light blue delphinium, golden asters and baby's breath. She wore a crown of stephanotis, light blue delphinium, golden asters and baby's breath.

The maid of honor was Jill Mortimer.

Other bridal attendants were Erin Grubmuller; Heather Hanson of Lewisburg, W.Va.; Sherry Boyer of Nashville, Tenn.; and Patty Miller of Finleyville, Pa.

The best man was Len Piazza of Hopewell, N.J.

Ushers were Louis Long of Venice, Fla.; Warren Smith of Mercerville, brother of the groom; and Jeff and Scott Myer, brothers of the bride.

A reception was held at the Bedford Village Inn.

After a four-day honeymoon in Bermuda, the couple will live in Tallahassee, Fla.

The bride graduated from Londonderry High School and Eckerd College in St. Petersburg, Fla. She is an artist.

The groom graduated from Pennington Academy in Pennington, N.J. and Eckerd College. He attends Florida State University in Tallahassee.

Gardner-Pelletier

DEERFIELD — Tracy Pelletier of Wilton and Felix Gardner Jr. of Deerfield were married in a single-ring ceremony performed by the Rev. Janice Shephard in Deerfield Community Church.

The bride is the daughter of George Pelletier of Wilton and Mrs. Martin Farley of Goffstown, and the bridegroom is the son of Felix Gardner of Deerfield and Mrs. Edna Coltripp of Northwood.

Given in marriage by her father, the bride wore a Victorian-style gown of taffeta with an overlay of chiffon and a cathedral-length train.

Her headpiece was a lace-covered hat with an upturned brim, accented with silk flower buds and a chapel-length veil.

She carried a bouquet of mixed silk flowers and baby's breath.

The maid of honor was Cynthia Center.

Other bridal attendants were Joyce Garland of Marlow, sister of the bride; Jackie Staiti of Wilton, sister of the bride; and Melissa Lord of Seabrook.

The best man was Glenn Young of Deerfield.

Ushers were Brad Averell, Charles Perkins, and Rick Dubois, all of Deerfield.

A reception was held at Lake Shore Farm, Northwood.

After a one-week honeymoon at Lake Winnepesaukee, the couple will live in Deerfield.

The bride was graduated from Wilton Lyndeboro Cooperative High School, Wilton, and Franklin Pierce College. She is employed as a programmer/analyst by American International Group Insurance Co.

The bridegroom was graduated from Raymond High School, Raymond. He is employed as a well driller at Country Well Driller, Inc.



MR. AND MRS. SMITH

McPherson Photography



MR. AND MRS. GARDNER

D. P. Photo

Given in marriage by her father, the bride wore a white satin gown accented with Venice lace, pearls and sequins and designed with a high neckline, long sleeve, fitted bodice and full skirt extending into a chapel-length train. Her headpiece was a fingertip length veil of silk illusion caught in a wreath of pearls and silk flowers.

She carried a bouquet of white and yellow roses, with a touch of baby's breath.

The matron of honor was Lorette Banks of Manchester, sister of the bride.

Other bridal attendants were Vicki Nelson of Suncook; Cindy Nolet of Manchester; Sue Davis of Manchester and Bonnie Gosselin of Auburn.

The best man was Dan Winemiller of Mogadore.

Ushers were Jeff Kapp of Camp Pendleton, Calif., brother of the groom; Joe Banks of Manchester, brother-in-law of bride; Pat Garrity of Manchester; Gerry Dionne of Manchester, brother of groom; and Gary Kapp of Dayton, Ohio, brother of groom.

A reception was held at the Elks Home in Hooksett.

After a week's honeymoon in Niagara Falls, Canada, the couple will live in Manchester.

The bride graduated from Memorial High School and is employed as an underwriting detail clerk by Home Insurance Co.

The groom graduated from Mogadore High School and served in the U.S. Marine Corps. He is employed as a dock worker at St. Johnsbury.

Loos-Griffin

Katherine L. Griffin and Kevin J. Loos, both of Manchester, were married in a double-ring ceremony at Immanuel Lutheran Church.

The bride is the daughter of Mrs. Bonnie Pratte and Charles Griffin. The groom is the son of Mr. and Mrs. Joseph Loos.

Given in marriage by her father and stepfather, the bride wore a white gown of organza with a V-neckline, leg of mutton sleeves, fitted bodice of Venice lace pearls and sequins, full skirt with a cathedral-length train and ruffle embroidery at the hemline. She also wore a cap with silk flowers and beads and a puff of illusion.

She carried a cascade of white roses and yellow freizia.

The maid of honor was Terri Goulet.

Other bridal attendants were Karen and Dawn Pratte, both of Manchester, sisters of the bride, and Silvie Bolduc of Manchester.

The flower girl was Amanda Eastman, of Conway, cousin of the bride. The ring bearer was Michael Griffin Jr., of Pembroke, cousin of the bride.

The best man was Daniel St. Cyr of Manchester, brother of the bride.

Ushers were Michael Griffin of Pembroke, uncle of the bride; Kevin Gray of Manchester; and Robert St. Cyr of Manchester, brother of the bride.

A reception was held at the Knights of Columbus hall in Manchester.

After a week's honeymoon in Maine, the couple will live in Manchester.

The bride graduated from West High School and is employed as a file clerk by Target Industries in Bedford.

The groom graduated from West High School and is employed as a taper at Save On Walls in Boston.



MR. AND MRS. KAPP

Bridal Studio



MR. AND MRS. LOOS

McPherson Photography

Weddings/Engagements

Brennan-Kuzia

Sylvia Mary Kuzia of Manchester and Stephen Corbett Brennan of Groton, Ct., were married in a double-ring ceremony performed by the Rev. Edward Nedder, cousin of the bride, at St. Patrick's Church.

The bride is the daughter of Elizabeth and Stanley Kuzia of Manchester. The groom is the son of Joyce and James Brennan II of Groton.

Given in marriage by her father, the bride wore a white satin gown with embroidered and chantilly lace, pearls and sequins, designed with a victorian neckline, fitted bodice and full skirt extending into a cathedral-length, double laced train. The crown style veil of illusion and embroidered lace was cathedral length. She carried sonia roses, peach alstromeria, white miniature carnations, stephanotis and baby's breath.

The matron of honor was Lisa Krueger, sister of the bride.

Other bridal attendants were Susan Kuzia of Evans, Ga., sister-in-law of the bride; Tara, Kate and Patricia Brennan, sisters of the groom; Maria Barba of New York; Donna Vetrone of Manchester and Karen Lund of Clinton, Md.

The ring bearer was James Brennan IV, nephew of the groom.

The best man was Christopher Carver of East Lyme, Ct.

Ushers were Stanley Kuzia Jr., of Evans, brother of the bride; Michael Brennan of Groton, brother of the groom; James Brennan III of Danielson, Ct., brother of the groom; Timothy Brennan of Los Angeles, brother of the groom; Todd Molloy of Portland, Maine; Thomas Curtin of New York; Octavio Colominas, and Warren Krueger of Cambridge, Mass., brother-in-law of the bride.

A reception was held at The Center of New Hampshire.

After a week's honeymoon in Puerto Plata the couple will live in Arlington, Va.

The bride graduated from Manchester Central High School and American University in Washington, D.C. She attends Columbia School of Law in Washington.

The groom graduated from St. Bernard's School in Uncasville, Ct. and Colby College in Waterville, Maine. He is employed as a real estate appraiser with Harps & Harps in Washington.



MR. AND MRS. BRENNAN
Studio One

Bonagura-Lourette

PLAISTOW — Laura Ann Marie Lourette of Sandown, and Matthew Thomas Bonagura of Fremont were married in a double-ring ceremony performed by Bishop Daniel A. Hart and assisted by the Rev. Florent R. Bilodeau and the Rev. Ronald E. Corriveau in Holy Angels Catholic Church.

The bride is the daughter of Lawrence E. and Nancy H. Lourette of Sandown, and the bridegroom is the son of Leonard L. and Susan Bonagura of Fremont.

Given in marriage by her father, the bride wore a strapless lasque bodice gown of crystalline satin and schiffie embroidery with a multi-tiered full skirt and semi-cathedral train under a crystalline jacket. A rhinestone tiara held her cathedral-length veil of crystalline ruffles trimmed with seed pearls. She carried a cascade bouquet of pink and cranberry roses, bell flowers with pearls, lace ribbon and baby's breath.

The maid of honor was Ellen Jane Warren of Manchester.

Other bridal attendants were Joanne Mahoney of Melrose, Mass., the bride's cousin; Elizabeth Bonagura of Fremont, the groom's sister; Diana Voyles of North Conway; Linda Warren of Portsmouth; and Leeann Joyal of Dover.

The flower girls were Erica and Desirae Fraser of Melrose, Mass., and the ring bearer was Jeremy McDevitt of Raymond, the bride's nephew.

The best man was Timothy Bonagura of Fremont, the groom's brother.

Ushers were Erik Lourette of Sandown, the bride's brother; Bob St. Denis of Derry; John Harris of Baltimore, Md., the groom's cousin; Michael Harris of Virginia Beach, Va., the groom's cousin; and David Lamb of Fremont.

A reception was held at Castleton in Windham. The bride's parents also hosted a dinner/dance reception in the Malin Hotel Ballroom, Malintown, County Donegal, Ireland.

After a two-week honeymoon touring Ireland, the couple will live in East Hampstead.

The bride served as Miss New Hampshire in 1988. She was graduated from Dover Vocational High School and the University of New Hampshire. She is owner of Image Plus Hair Salon and Laura's Closet Boutique in Fremont.

The bridegroom was graduated from Pinkerton Academy, Derry. He is employed as a tool designer at Kingston Warren Inc., Newfields.



MRS. BONAGURA

Ewen-Bradley

PETERBOROUGH — Patricia Bradley of Laconia and Peter Ewen of Baltimore, Md., were married in a double-ring ceremony performed by The Reverend Lewis S. Stone at All Saints' Parish in Peterborough.

The bride is the daughter of Mr. and Mrs. Robert H. Bradley of Litchfield, Conn., and Laconia, and the bridegroom is the son of Mr. and Mrs. John A. Ewen of Vinalhaven, Maine, and Englewood, Fla.

Given in marriage by her father, the bride wore a white taffeta gown. There was a full circular skirt and cathedral train edged in silk floss lace.

The headpiece was a tiara band of pearl sprays, crystals and orchid flowers. Her crystal illusion veiling was cathedral length.

She carried a bouquet of garden style champagne and white roses.

The mother of bride was in mint green and the mother of the groom was in dusty rose.

The maid of honor was Margaret Bradley of Durham, sister of the bride.

Other bridal attendants were Elizabeth Ewen of San Francisco, sister of the groom, Catherine Adams of Cape Elizabeth, Maine, Mary Duhamel of Alexandria, Va., Anne Barach of Laconia.

The flower girl was Jenny Sweedler of Holderness and the ring bearer was Adam Bradley Goss of Durham, nephew of the bride.

The best man was John W. Ewen of Portland, Maine, brother of the groom.

Ushers were Amos Goss, of Durham, nephew of the bride, Robert Bradley of Manchester, brother of the bride, Alfred DiCola of Newburgh, N.Y., Robert Gilosa of Paramus, N.J.

A reception was held at the Manchester Country Club in Bedford.

After a week honeymoon in Canada the couple will live in Baltimore.

The bride was graduated from Con-Val High School in Peterborough and from UNH with a B.A. and Plymouth State College with a masters degree in education.

The bridegroom was graduated from Staples High School, Westport, Conn., and from Rochester Institute of Technology. He is employed as a District Manager for Nikon, Inc.



Croteau Photography
MR. AND MRS. EWEN

Morash-Nichols

SANBORTON — Dawn Nichols of Tilton and Scott R. Morash of Hollis, Maine, were married in a double-ring ceremony performed by the Rev. Leanne Tigert in Sanborton Congregational Church.

The bride is the daughter of Philip and Carol Nichols of Tilton, and the bridegroom is the son of Stuart and Shirley Morash of Cotoocook.

Given in marriage by her parents, the bride wore an



Anderson-Turner

HAMPSTEAD — Lynne Anne Turner of Hampstead and Frederick Fisher Anderson of Derry were married in a double ring ceremony performed by the Rev. Robert Dobson at Hampstead Congregational Church.

The bride is the daughter of Art and June Southwick of Hampstead and the bridegroom is the son of Andy and



Benincasa-Beaumont

CONCORD — Kimberley A. Beaumont of Bow and Christopher J. Benincasa of Manchester were married in a double-ring ceremony performed by the Rev. James Watson in St. John the Evangelist Church.

The bride is the daughter of Mr. and Mrs. Donald J. Beaumont Jr. of Bow, and the bridegroom is the son of Mr.



Tilton, and the bridegroom is the son of Stuart and Shirley Morash of Contoocook.

Given in marriage by her parents, the bride wore an ivory full-length gown of satin with alencon lace and seed pearls.

Her headpiece was a cap of pearls, silk rosettes, alencon lace and silk.

She carried a cascading bouquet of ivy, lilies, white freesia, pink roses and stephanolis.

The maid of honor was Linda Minichiello of Everett, Mass.

Other bridal attendants were Andrea Tilton of Astoria, N.Y.; Sheryl Dame of Alton; Holly Emmons of Westwood, N.J.; Nancy Mason of Barrington; Claire Bellany of Yarmouth, Maine; and Ellen Mason of Durham, N.C.

The best man was Jan Schmidt of Raleigh, N.C.

Ushers were Brian Claire of Concord; Tom Raymond of Manchester; Dennis Chamberlain of Gilmanton; Philip W. Nichols of Tilton, brother of the bride; Mark Burleigh of Cary, N.C.; and Tom Mason of Durham.

A reception was held at Kings Grant Inn, Gilford.

After an eight-day honeymoon in Bermuda, the couple will live in Hollis, Maine.

The bride was graduated from Winnisquam Regional High School, Tilton, and the University of New Hampshire.

The bridegroom was graduated from New Hampshire Technical Institute. He is employed as a product engineer at National Semiconductor, Portland, Maine.

Gauss-Kimball

MILFORD — Michele Kimball of Amherst and Eugene J. Gauss were married in St. Patrick Church.

She is the daughter of Mr. and Mrs. Gerald Kimball of Amherst, and he is the son of Mr. and Mrs. Eugene Gauss of Scotia, N.Y.

The Rev. Richard Thompson officiated, and a reception followed at the Clarion Hotel.

Given in marriage by her father, the bride wore a gown of beaded satin. Her lace yoke dress featured a high collar with long sleeves trimmed with seed pearls. Her dropped waist flowed into a cathedral train. Her full-length veil of French silk illusion was caught to a tiara of beaded flowers and pearls, and she carried a traditional white bouquet of stephanotis, roses, lily of the valley and Queen Anne's Lace.

Matron of honor was Mrs. John Davis of Warwick, R.I. Maid of honor was Marybeth Kimball of Amherst, both sisters of the bride.

Other bridal attendants were Melissa Kimball of Amherst, sister of the bride; Susan Gauss of Scotia, N.Y., and Christine Gauss of Washington, D.C., sisters of the groom; Mrs. Brian Sevigny of Milford; and Alice Townsend of Alexandria.

Best man was John Davis of Warwick, R.I.

The ushers were Brian Sevigny of Milford, David Hazel and Robert Hazel, both of Harvard, Mass.; Donald Simmons, Robert Gauss and Keith Neison, all of Scotia, N.Y.

After a trip to Bermuda, the couple will live in Franklin, where the bride teaches and where the groom is associated with the Portland Glass Co. Both are graduates of Keene State College.



MR. AND MRS. MORASH

Robert St. Lewis

The bride is the daughter of Art and June Southwick of Hampstead and the bridegroom is the son of Andy and Claradell Anderson of Derry.

The bride wore a white taffeta gown with pearls and lace, and wore a headpiece of flowers. She carried a bouquet of pink roses and baby's breath.

The maid of honor was Lori Southwick, cousin of the bride.

Also attending the bride was her daughter, Kati Lynn Turner.

The ring bearer was David Alan Turner, son of the bride.

The best man was Randy Anderson of Manchester, brother of the groom.

Escorts were James Southwick, Salem, brother of the bride and Roy Dexter, Derry, uncle of the groom.

A reception was held at the Londonderry Country Club. After a two week honeymoon in Weirs Beach, the couple will live in Derry.

The bride attended Pinkerton Academy, Derry. She is employed as an assembler specialist by Analytix (Sanders).

The bridegroom was graduated from Pinkerton Academy and the University of New Hampshire Durham. He is employed as a buyer at Sanders.

Vitek-Falk

VAIL'S GATE, N.Y. — Karen Ann Falk of Manchester and Victor Martin Vitek were married in a double-ring ceremony performed by the Rev. Peggy Ann Sauerhoff in Vail's Gate United Methodist Church.

The bride is the daughter of Mr. and Mrs. Eugene H. Faulk, Cheshire, Conn., and the bridegroom is the son of Mr. and Mrs. Victor Vitek of New Windsor, N.Y.

The bride wore a gown of white satin with beaded Alencon lace and silk venise bodice.

She carried a bouquet of white and pink sweetheart roses with baby's breath.

The matron of honor was Janet A. Johnson of Freedom.

Other bridal attendants were Cheryl Alander of Bartlett; Jean LaPointe of Worcester, Mass.; and Lois Willis of Canaan, N.Y.

The lower girl was Kim Jollie of Newburgh, N.Y., and the ring bearer was Tony Morabito of New Windsor, N.Y.

The best man was the Rev. Robert Leibold, of Bridgehampton, Long Island.

Ushers were Michael Robinson of New Windsor, N.Y., cousin of the groom; John Robinson, of Newburgh, N.Y., cousin of the groom; and Richard Lloyd, of Denville, N.J.

A reception was held at the Holiday Inn of Newburgh, N.Y. After a 10-day honeymoon in the Bahamas and Disney World, the couple will live in Fishkill, N.Y.

The bride was graduated from North Branford High School, North Branford, Conn., Boston University and Antioch University. She was most recently employed as a learning disabilities specialist by the Manchester City School District.

The bridegroom was graduated from Newburgh Free Academy, Newburgh, N.Y., and Rensselaer Polytechnic Institute, Troy, N.Y. He is employed as a staff engineer at IBM — East Fishkill, N.Y.



MR. AND MRS. ANDERSON

Maurice Pichette

of Mr. and Mrs. Donald J. Beaumont Jr. of Bow, and the bridegroom is the son of Mr. and Mrs. John Benincasa of North Andover, Mass.

Given in marriage by her father, the bride wore a white full-length gown of summer satin, accented with alencon lace, sequins and seed pearls.

The entire semi-cathedral train was edged with matching alencon lace.

Her headpiece was a French wreath of pearl sprays, crystals and delicate pale pink silk roses with soft pouf, finished with a waist-length veil.

She carried a full cascade bouquet of white roses with white mini-carnations.

The maid of honor was Sandra Kinsley of Citrus Heights, Calif.

Other bridal attendants were Melissa Melvin of North Andover, Mass.; Lisa Benincasa of North Andover, Mass., sister of the groom; and Lori Blaine of Concord.

The best man was Justin Benincasa of Haverhill, Mass., brother of the groom.

Ushers were James Beaumont of Nashua, brother of the bride; Ross Hiltz, of Sharon, Mass.; and Robert Ross of Andover, Mass.

A reception was held at The Old Mill Restaurant, Epsom.

After an eight-day honeymoon in Antigua, the couple will live in Manchester.

The bride was graduated from Bishop Brady High School, Concord, and Becker Junior College, Leicester, Mass. She is employed as an animal health technician by Cilley Veterinary Clinic, Concord.

The bridegroom was graduated from North Andover High School, North Andover, Mass., and the University of Massachusetts at Amherst. He is employed as a senior product planning analyst at Teradyne Corp., Nashua.

Bilodeau-Furkart

MANCHESTER — Susan Furkart of Auburn and Paul Bilodeau of Manchester were married in a service by the Rev. Gary Belliveau and the Rev. Jack Filler in St. Jean the Baptist Church.

The bride resided with her sister and brother-in-law, Mr. and Mrs. Walter Robinson, in Auburn. The bridegroom is the son of Mr. and Mrs. Bertrand Bilodeau, 56 Lafayette St.

The bride was given in marriage by her brother-in-law.

The matron of honor was Ann Robinson. The bridesmaids were Rose O'Meara, Jeannie Soucy and Christine Robinson.

The best man was Russell Bilodeau. The ushers were Kenneth O'Meara, John Soucy and Jeff Soucy.

A reception was held at the Chateau Restaurant.

After a honeymoon at Disney World, Fla., the couple will live in Manchester.

The bride is a graduate of Memorial High School. She is a manager at Toys R Us.

The bridegroom is a graduate of Manchester West High School. He is employed at Sanders in Manchester.



MR. AND MRS. BENINCASA

Teal Photo



MRS. EUGENE GAUSS



MR. AND MRS. VITEK

Gale Photographers



MR. AND MRS. BILODEAU

Weddings/Engagements

Tallini-Descoteau

Sandra Descoteau of Manchester and Roger Tallini of Nashua were married in a double-ring ceremony performed by Mary Sysyn, owner of Mr. Steak, at the Mr. Steak Restaurant in Manchester.

The bride is the daughter of Ernest Hoyt of Manchester and Josephine Crotty of Manchester and the bridegroom is the son of Roger and Verna Tallini of Nashua.

Given in marriage by her father, the bride wore an emerald green, wrap-around taffeta dress.

She carried a bouquet of a single pink rose with baby's breath.

The matron of honor was Julia Herbert.

The best man was Robert Tallini of Nashua.

A reception was held at the Manchester restaurant.

After a brief honeymoon in Florida, the couple will live in Florida.

The bride attended Manchester Memorial High School. She is employed as a waitress at Mr. Steak Restaurant.

The bridegroom studied in Florida. He is self-employed as a sales representative.



MR. AND MRS. TALLINI

Thain-Sheppard

NORTH BERWICK, Maine — Mr. and Mrs. Philip H. Thain Sr. announce the engagement of their daughter, Justine Marie, to Kevin Andrew Sheppard, son of Mr. and Mrs. Albert T. Sheppard of Gilford, N.H.

Miss Thain was graduated from Billerica Memorial High School, Billerica, Mass., and received a B.A. degree in 1987 from the University of New Hampshire. She is a sixth grade teacher of math and science with Sanford Junior High School, Sanford.

Mr. Sheppard was graduated from Manchester Central High and received a B.S. degree from UNH in 1984. He is employed as a design engineer with Manchester Highway Dept.

An October wedding is planned.



MISS THAIN
MR. SHEPPARD

Loos-Freitas

Mr. and Mrs. Roger M. Loos of Manchester announce the engagement of their daughter, Christine Anne, to Robert Paul Freitas Jr., son of Mr. and Mrs. Robert P. Freitas Sr. of Manchester.

Miss Loos was graduated from Manchester Memorial High School and attended Notre Dame College. She is employed as a sales manager with Sears Roebuck & Co. in Manchester.

Mr. Freitas was graduated from Manchester Memorial High School and New



Anderson-Turner

HAMPSTEAD — Lynne Anne Turner of Hampstead and Frederick Fisher Anderson of Derry were married in a double ring ceremony performed by the Rev. Robert Dobson at Hampstead Congregational Church.

The bride is the daughter of Art and June Southwick of Hampstead and the bridegroom is the son of Andy and Claradell Anderson of Derry.

The bride wore a white taffeta gown with pearls and lace, and wore a headpiece of flowers. She carried a bouquet of pink roses and baby's breath.

The maid of honor was Lori Southwick, cousin of the bride.

Also attending the bride was her daughter, Kati Lynn Turner.

The ring bearer was David Alan Turner, son of the bride.

The best man was Randy Anderson of Manchester, brother of the groom.

Escorts were James Southwick, Salem, brother of the bride and Roy Dexter, Derry, uncle of the groom.

A reception was held at the Londonderry Country Club. After a two week honeymoon in Weirs Beach, the couple will live in Derry.

The bride attended Pinkerton Academy, Derry. She is employed as an assembler specialist by Analytix (Sanders).

The bridegroom was graduated from Pinkerton Academy and the University of New Hampshire Durham. He is employed as a buyer at Sanders.



Maurice Pichette
MR. AND MRS. ANDERSON

St. Germain-McIlheney

Mr. and Mrs. Rance R. St. Germain of Amherst, have announced the engagement of their daughter, Robin Lee St. Germain, to Colin James McIlheney of Oxford, England.

He is the son of Mrs. Muriel McIlheney of Belfast, Northern Ireland and the late David McIlheney.

Miss St. Germain is a 1983 graduate of Mount St. Mary Seminary in Nashua and a 1987 graduate of Connecticut College in New London, Conn. She recently completed her masters degree in sociology at Oxford University.

Mr. McIlheney is a graduate of Belfast Royal Academy in Northern Ireland and a graduate of Queens University, Belfast. He has a M.A. degree from the University of Pennsylvania and an MSc from Oxford University. He is the deputy director of the 21st Century Trust in London, England.

An Oct. 7 wedding is planned.



MISS ST. GERMAIN

Belanger-Dumont

Kristine Leigh Dumont of Manchester and Steven Belanger of Manchester were married in a double-ring ceremony performed by the Rev. Gary Beliveau in St. John the Baptist Church, Manchester.

The bride is the daughter of Mr. and Mrs. Armand A. Dumont of Manchester, and the bridegroom is the son of Mr. and Mrs. Richard Belanger of Manchester.

Given in marriage by her parents, the bride wore a gown made of summer taffeta, high neckline and long sleeves with decorative lace appliques. The gown featured a full cathedral train. She wore a camelot cap fingertip veil with hand-beaded pearls.

She carried a bouquet of silk roses, stephanotis and baby's breath.

Maid of honor was Miss Tiffany Belanger of Manchester, sister of the groom.

Other bridal attendants were Theresa Desruisseau of Manchester; Donna Poirier of Manchester, sister of the bride; and Jan St. Pierre of Goffstown, sister of the bride.

The flower girl was Jill St. Pierre of Goffstown, niece of the bride, and the ring bearer was Ryan Poirier of Manchester, nephew of the bride.

The best man was Christopher Belanger of Manchester, brother of the groom.

Ushers were Dan Gagne of Manchester; Dave Poirier of Manchester, brother-in-law of the bride; and Ray St. Pierre of Goffstown, brother-in-law of the bride.

A reception was held at the Chateau Restaurant, Manchester.

After a one-week honeymoon in the Poconos, the couple will live in Manchester.

The bride was graduated from West High School, Manchester, and the New Hampshire Technical Institute. She is employed as a certified dental assistant by Dr. Leslie Roth, Salem.

The bridegroom was graduated from West High School, Manchester, and is attending New Hampshire Technical Institute for architectural engineering. He is employed as a drafter at Granite State Engineering Services Inc.



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Robert P. Freitas Sr. of Manchester.
Miss Loos was graduated from Manchester Memorial High School and attended Notre Dame College. She is employed as a sales manager with Sears Roebuck & Co. in Manchester.

Mr. Freitas was graduated from Manchester Memorial High School and New Hampshire College. He is employed as a patrolman with the Manchester Police Department.

A June 16, 1990 wedding is planned.



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Weddings/Engagements

Seppi-Couture

NASHUA — Paula Rose Couture of Nashua and Walter A. Seppi Jr. of Billerica, Mass., were married in a double ring ceremony performed by Rev. Joseph Mahoney at Immaculate Conception Church.

The bride is the daughter of Mr. and Mrs. Maurice A. Couture of Nashua, and the bridegroom is the son of Mr. and Mrs. Walter A. Seppi Sr. of Billerica.

Given in marriage by her father, the bride wore a gown of satin, trimmed with lace and pearls.

The maid of honor was Valerie Wallace.

Other bridal attendants were Karen Couture, sister of bride and Cindy Belley, of Lowell, Mass., sister of the groom.

The best man was Bruce Seppi, Billerica, brother of groom.

Ushers were Jean Belley, brother-in-law of groom, and Cliff Reeves.

A reception was held at Alpine Grove banquet hall, Hollis.

After a two week honeymoon in Hawaii, the couple will live in Nashua.

The bride was graduated from Nashua High School and Rittner School of Floral Design.

The bridegroom was graduated from Billerica High School and attended Merrimack College.



Bridal Studio
MR. AND MRS. SEPPi

Demanche-Blackburn

Lori Anne Blackburn of Candia and Allen Kenneth Demanche of Warner were married in a double-ring ceremony performed by the Rev. Joe Daly at Blessed Sacrament Church in Manchester.

The bride is the daughter of Mr. and Mrs. Daniel Blackburn of Candia and the bridegroom is the son of Mr. and Mrs. Albert Demanche of Merrimack.

Given in marriage by her father, the bride wore a full mother's gown, a white full-length satin and lace fitted bodice and sabrina neckline with pearls and sequins with matching detachable 6-foot train.

She carried a bouquet of two long-stem yellow roses with fern and baby's breath with white satin ribbon.

The matron of honor was Mrs. Bonnie Demanche from Warner, sister-in-law of the groom. Other bridal attendants were Melanie Lepine of Milford; Sylvie Favreau of Goffstown; Donna Osborne of Weare; and Hope Poisson of Manchester.

The best man was Mr. David Nesbitt of Merrimack.

Ushers were Keith Demanche of Merrimack, brother of the groom; David Favreau of Goffstown; Bill Demanche of Warner, brother of the groom; and Tim Drew of Warner.

A reception was held at the Chateau Restaurant.

The couple will spend a 2½-week honeymoon at Walt Disney World in Florida.



Photography by Dennis
MR. AND MRS. DEMANCHE

Jobin-Stevenson

Katrina Ann Stevenson of Manchester and David Robert Jobin of Manchester were married in a double-ring ceremony performed by the Rev. Robert Boisvert in St. Pius X Catholic Church, Manchester.

The bride is the daughter of Mr. and Mrs. George Stevenson of Great Barrington, Mass., and the bridegroom is the son of Mr. and Mrs. Peter Jobin of Manchester.

Given in marriage by her father, the bride wore a gown of alencon and chantilly lace with a sheer illusion neckline, fitted bodice and cathedral-length train accented with iridescents and seed pearls. A fingertip veil fell from a matching Juliett crown.

She carried a lace fan accented with her mother's Bible surrounded by pink roses and Stephanotis.

The matron of honor was Peggy Baldwin of Manchester, sister of the bride.

Other bridal attendants were Lisa Michon of Manchester; Brenda Jobin of Manchester, sister-in-law; and Clara Tomaskow of Salem.

The flower girl was Samantha Jobin of Manchester, niece of the groom, and the ring bearer was David Jobin of Manchester, son of the groom.

The best man was Peter Jobin of Manchester, brother of the groom.

Ushers were Thomas Jobin of Manchester, brother of the groom; Darren McDowell and Billy Lazzar, both of Manchester.

A reception was held in Belmont Hall, Manchester.

After a one-week honeymoon in the White Mountains, the couple will live in Manchester.

The bride was graduated from Monument Mountain Regional High and the Polytechnic Institute of New England, Nashua. She is employed as a secretary by Global Realty, Bedford.

The bridegroom was graduated from Memorial High School, Manchester, and has taken real estate courses. He is employed as a real estate agent at Global Realty.



Aladdin Studio
MR. AND MRS. ROBERT JOBIN

Rafferty-Flood

HUDSON — Kris Flood and Michael Rafferty of Roslindale, Mass. were married in a double-ring ceremony at AMRne Memorial Chapel.

The bride is the daughter of Mr. and Mrs. Wayne Flood of Litchfield. The groom is the son of the late Mr. and Mrs. Joseph Rafferty of Boston.

Given in marriage by her father, the bride wore a white organza gown with silk embroidery, shifflly lace scalloped edge, chapel train, fingertip veil with a headpiece of lace embroidery.

She carried a bouquet of gardenias and Stephanotis.

The matron of honor was Lori Flood of Haverhill, Mass., sister of the bride.

Other bridal attendants were Lisa Flood of San Francisco, sister of the bride, and Carol Steinfield of Stowe, Mass.

The ring bearers were Brendan and Ailin Rafferty, nephews of the groom.

The best man was Daniel Rafferty of Roslindale, brother of the groom.



Winter Hill Photography
MR. AND MRS. RAFFERTY

The bride was graduated from Central High School and Continental Academie of Hair Design. She is employed as a cosmetologist by Maggies Shear Happiness.

The bridegroom was graduated from Merrimack High and Manchester Votech. He is employed as an electrician at Consolidated Electric.

Mailhiot-French

Mr. and Mrs. Robert Mailhiot Jr. of Auburn and Mr. and Mrs. Steven Willardson of Lakewood, Colorado announce the engagement of their daughter, Sandra Marie Mailhiot, to Timothy Robert French, son of Mr. and Mrs. David French of Manchester.

Miss Mailhiot was graduated from West High School, Manchester and Hesser College, Manchester. She is employed as a coder for inpatient charges with Hitchcock Clinic, Bedford.

Mr. French was graduated from West High School, Manchester and from New Hampshire Technical Institute, Concord. He is employed as a field party chief with Cuoco & Cormier Inc., Land Surveyors & Civil Engineers.

A Sept. 1989 wedding is planned.



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MR. AND MRS. RAFFERTY

He is employed as a field party chier with Cuoco & Cormier Inc., Land Surveyors & Civil Engineers.

A Sept. 1989 wedding is planned.

The ring bearers were Brendan and Ailin Rafferty, nephews of the groom.

The best man was Daniel Rafferty of Roslindale, brother of the groom.

Ushers were Richard Kennicher of Bradford, Mass. and James Shephard of Hyde Park, Mass.

A reception was held at The Chateau restaurant in Manchester.

The bride graduated from Alvirne High School and the University of Massachusetts.

The groom graduated from Roslindale High School and the University of Massachusetts. He is employed as a coordinator at the Massachusetts Society for Prevention of Cruelty to Animals.

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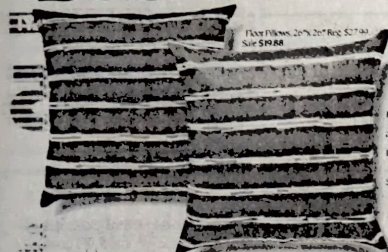
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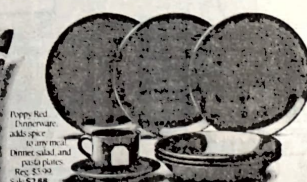
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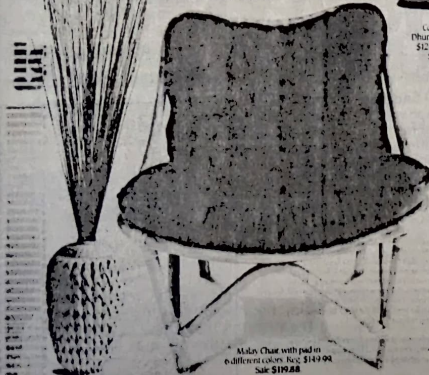
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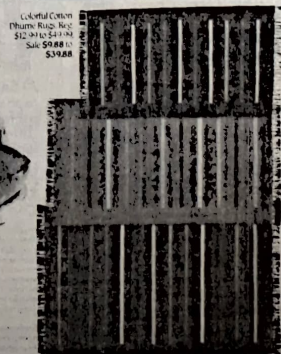
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Weddings/Engagements

Stanley-Sanborn

Dawn Sanborn and Brian Stanley, both of Manchester, were married in a double ring ceremony at Bethany Chapel, Manchester.

The bride is the daughter of Mrs. Sally Sanborn, and the bridegroom is the son of Mrs. Donna Stanley, both of Suncook.

Given in marriage by Donald Swanson, the bride wore a gown of satin, accented with Venice lace and pearls and featuring a chapel length train. A half wreath of pearls and silk flowers held her waltz length veil and she carried a fan, topped with a silk arrangement of roses.

The matron of honor was Anne Caikauskas, Manchester, sister of bride.

Other bridal attendants were Karen Sanborn, Weare, sister-in-law of bride; Sharon Caikauskas, Manchester and Pamela Stanley, Manchester, sister of groom.

The best man was Peter Morrison, of Manchester.

Ushers were Alan Sanborn, Weare, brother of bride; David Caikauskas, Manchester; Shawn Stanley, Manchester, brother of groom.

A reception was held at the Lantern Restaurant, Manchester.

After a one week honeymoon in Virginia Beach, Va., the couple will live in Suncook.

The bride was graduated from Memorial High School, Manchester and plans to attend Continental Academy of Hair. She is employed as a sales representative by Sears & Roebuck.

The bridegroom was graduated from Central High School, Manchester. He is employed as a window manufacturer at Harvey Industries, Manchester.



Bridal Studio
MR. AND MRS. STANLEY

Plourde-Gagnon

Carol Ann Gagnon of Bedford and David Robert Plourde of Manchester were married in a double-ring ceremony performed by Rev. John Wright at Saint Elizabeth Seton in Bedford.

The bride is the daughter of Mr. and Mrs. Romeo A. Gagnon of Bedford, and the bridegroom is the son of Mr. and Mrs. Roland Plourde of Manchester.

Given in marriage by her parents, the bride wore a white satin gown with full skirt extending into a cathedral length train.

Her fingertip-length veil of silk illusion was caught to a wreath of pearls, crystal, and silk flowers.

She carried a bouquet of gardenias, stephanotis, white miniature carnations, and peach roses accented with baby's breath and ivy.

The matron of honor was Stephanie Carlson of Philadelphia, friend of the bride.

Other bridal attendants were Heather Harris of Glenmont, N.Y., friend of the bride, Debra Langton of Manchester, sister of the bride, and Sharon Gagnon of Bedford, sister of the bride.

The flower girl was Amanda Jane Langton of Manchester, niece of the bride.

The best man was William Puchacz of Manchester, friend.

Ushers were Dennis Jepson of Manchester, friend, Ronald Breton of Manchester, friend, and Norman Plourde of Pembroke, brother of the bridegroom.

A reception was held at Levi Lowell's Function Center, Merrimack.

After a two-week honeymoon in the Canadian Rockies, the couple will live in Wilder, VT.

The bride was graduated from Manchester High School West in 1980 and received a B.A. from Amherst College in 1984. She is presently a third-year student at Dartmouth Medical School.

The bridegroom was graduated from Manchester Memorial High School in 1977 and received an associates degree in machine tool processes from New Hampshire Vocational Technical College in Manchester in 1979. He is employed by the United States Postal Service in White River Junction, VT.

Lyon-Plourde

Mr. and Mrs. William Lyon of Hooksett announce the engagement of their daughter Stacy, to Edward L. Plourde, son of Ms. Ester Plourde of Suncook and Mr. Edward N. Plourde Jr. of Hooksett.

Miss Lyon graduated from Trinity High School, Manchester and N.H. Technical Institute, Concord. She is employed as a dental hygienist with Dr. Strokowski in Concord.

Mr. Plourde graduated from Trinity High School, Manchester. He is employed with Hooksett Kawasaki, Polaris in Hooksett.

A Sept. 1990 wedding is planned.



MISS LYON
MR. PLOURDE

Winslow-Van Kalken

Christina Van Kalken and Andrew Richard Winslow, both of Manchester, were married in a double-ring ceremony performed by the Rev. Thomas Hannigan at St. Catherine Church.

The bride is the daughter of Adrian and Louise Van Kalken of Manchester. The groom is the son of Mr. Russell A. Winslow, formerly of Manchester, and the late Carolyn J. Winslow.

Given in marriage by her father, the bride wore a candlelight satin Victorian gown with long sleeves, silk illusion and puffed shoulders with pearl inserts. The bodice was adorned with Lily of the Valley lace, pearls and sequins, extending to a chapel-length train finished with lace. Her fingertip silk veil was caught in a wreath headband of silk flowers and sprayed pearls.

She carried a cascade of variegated ivy featuring Lily of the Valley, sterling silver and white roses, white spider mums, stephanotis, freesia, creme lilies and baby's breath.

The maid of honor was Maria P. Van Kalken of Allston, Mass., sister of the bride.

Other bridal attendants were Judith A. Van Kalken of Manchester, sister-in-law of the bride; Deborah L. Esposito of Plymouth; Ana T. Morrison of Worcester, Mass.; and Kathleen M. Fay, of Allston.

The best man was Harold R. Winslow, of Manchester, brother of the groom.

Ushers were Daniel A. Van Kalken of Manchester, brother of the bride; David H. Owens of California; Frederick E. Harris of Manchester; and Gary S. Lorusso of Manchester.

A reception was held at the home of Russell and Martha Mulligan-Winslow in Goffstown.

After a two-week honeymoon in Barbados the couple will live in Manchester.

The bride graduated from Manchester Central High School and attended the University of New Hampshire. She is employed as a retirement plan representative by Amoskeag Bank in Manchester.

The groom graduated from Manchester Central High School and Dartmouth College. He is employed as a compensation analyst at Mercer-Meidinger Hanson in Boston.



McPherson Photography
MR. AND MRS. WINSLOW

Clement-Santos

MANCHESTER—Linda Santos and Robert Clement were married at St. Patrick Church in Manchester in a double-ring ceremony performed by Msgr. Thomas F. Duffy.

The bride is the daughter of James and Katherine Santos of Goffstown and the groom is the son of Robert and Madeline Clement of Allentown.

The bride was given in marriage by her father.

Maid of honor was Pamela Foster of Manchester, sister of the bride.

Best man was Karl Heath of Manchester, a friend of the groom.

After a wedding trip to the White Mountains in New Hampshire, the couple is residing on River Road in Allentown.

The bride is a graduate of Goffstown High School and is employed as a computer typewriter at Cummings Printing Co. of



Donald W. Eaton
MR. AND MRS. CLEMENT

Krajenka-Wallace

Dotte and James Wallace, East Derry, announce the marriage of their daughter, AIC Penny Mary Wallace to Sgt. Christopher Lee Krajenka, son of Sandra Westling and Robert R. Krajenka of Milwaukee, Wis., in Aviano, Italy.

The couple are both law enforcement specialists, assigned to the 40th Security Police at Aviano Air Force Base, Italy.

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The bride was given in marriage by her father.
 Maid of honor was Pamela Foster of Manchester, sister of the bride.
 Best man was Karl Heath of Manchester, a friend of the groom.
 After a wedding trip to the White Mountains in New Hampshire, the couple is residing on River Road in Allentown.

The bride is a graduate of Goffstown High School and is employed as a computer typewriter at Cummings Printing Co. of Manchester.

The groom is a graduate of Pembroke Academy and is employed as a pressman at Cummings Printing Co. of Manchester.

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Mr. Plourde graduated from Trinity High School, Manchester. He is employed with Hooksett Kawasaki, Polaris in Hooksett.

A Sept. 1990 wedding is planned.



Vieira Photo

MISS LYON
 MR. PLOURDE

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Announcing Baby's Arrival With Style and Humor

By MARY GEORGE BEGGS
Scripps Howard News Service
"It's a girl!" or "It's a boy!" is a simple way to say it. But why stop there?

There are all sorts of attractive cards that announce one of the happiest of occasions, the birth of a baby.

Some are whimsical, some are more formal. Others are clever to the point of being almost humorous. Many are printed while others are fill-in announcements. Choosing one is simply a matter of personal taste.

"I try to help people express their feelings during this happy, warm time in their lives," said Aaron Pearlman, who owns and designs for Glad Tidings, a Dallas firm.

"There are lots of more formal announcements, and I certainly appreciate and respect them," he said. "My line is an alternative for those who want to take a more creative approach in expressing themselves.

"I must tell you that 90 percent of the world is very traditional. But there is a young and new element that doesn't want to do things just the way their mother did them. In this day and time people want to express their own personalities."

One card features a drawing of a baby in a cradle with feet sticking out and numbers by the toes. "We're counting the blessings our baby brings" is the message.

Another Glad Tidings card has a slippery-when-wet sign and "Diapers Ahead" on the front. Inside, the announcement reads, "We're knee-deep in changes . . . all signs lead to perfect parenthood."

A card that comes in pink or blue is centered with a large postmark with a stork and the words, "A very special delivery." Another card with a drawing of a small package on the front reads, "It's true. The most wonderful things do come in small packages. We just got a precious little bundle to prove it."

An infant's footprint adorns the announcement that reads, "One of America's most wanted has just been identified." The



THERE ARE cards for children announcing the birth of a brother or sister.

William Arthur, a Maine company, are among the firms that use ribbons in their lines.

Ms. Lary, whose line is sold from coast to coast, is noted for her delicate drawings of flowers, sheep, bunnies, ducks and teddy bears and her distinctive tiny printing.

Many of the birth announcements have separate cards attached with the infant's name, birth date and weight. The parents' names are on the larger announcement card. One with a bunny on it has an envelope with a bunny eating a carrot on the flap.

She carries the themes through with matching notes for thank-yous and christening invitations.

"We sell a lot of the fill-in announcements, but most people seem to want the printed ones," said Dolores Wilson, office manager of Carolyn Lary Ltd.

front and the wording inside "Patrick (or whomever) has a baby brother."

Another sample is a fold-over card with the baby's name printed in a floral wreath on the cover.

There are even announcement cards for grandparents to send. One by Glad Tidings has a grand piano on the front with the wording, "Our baby is grand . . . she's our granddaughter."

Many parents opt to personalize their announcements, said Mrs. Ruth Montague, a partner in RSVP stationers in Memphis. "One customer wanted an announcement card with bicycles on it since the father was in the bicycle business," she said.

**Miners Announce
Birth of Derek**

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it." An infant's footprint adorns the announcement that reads, "One of America's most wanted has just been identified." The wording inside is "None could be more wanted than our new baby."

Another strong trend in birth announcements is attaching a dainty piece of ribbon, either pink or blue, to the cards. Memphis-based Carolyn Lary Ltd., The Maypole Too in Oxford, Miss., and the venerable Crane stations and

announcements, but most people seem to want the printed ones," said Dolores Wilson, office manager of Carolyn Lary Ltd.

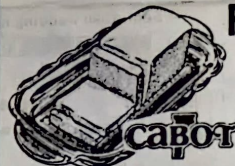
One group in the collection has an embossed animal or basket of flowers in one corner with a piece of pink or blue plaid ribbon.

NRN Designs in California manufactures a line of printed birth announcements. One features a panda and teddy bear on a rocking horse on the

Miners Announce Birth of Derek

MELROSE, MA. — Mr. and Mrs. Edward Miner of Melrose announce the birth of their son, Derek Thomas, on July 17 at the Melrose Wakefield Hospital.

Maternal grandparents are Mr. and Mrs. Edward T. Swierz of Manchester and paternal grandparents are Mr. and Mrs. Kenneth Miner of College Hill, Woodstock, Vt.



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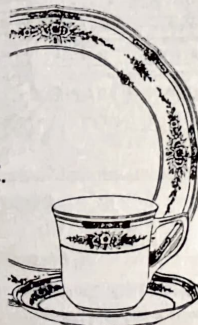
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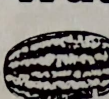
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Day Care Has Become More Than a Family Issue

By JAMES HANNAH
Associated Press Writer

DAYTON, Ohio — Full-time employment and full-time parenting are overloading many American couples, and it's becoming a serious problem because the family is the key unit in society, according to a University of Dayton professor.

To ease the burden, two-career couples are trying a variety of solutions, but no one has found a sure thing, says Eugene August, professor of men's studies at the university.

"I think this society ... needs to realize that the family is under pressure, and the rest of society simply has to adjust to the needs of parents with young children," he says. "Otherwise, we're all going to suffer. The whole quality of life in society depends on the quality of family life."

August says the makeshift methods of coping include day-

care, full-time baby sitters, grandparents' help and even day-care centers at work.

"Sometimes the parents can come up with the workable device — good day-care or a good baby sitter — and that has minimal impact on the child," he says. "Other times I think it leaves the children feeling neglected, in fact being neglected ..."

August would like to see employers find an answer.

"I think U.S. corporations and businesses can be more creative," he says. "My guess is that U.S. businesses and the work place is more likely to come up with the solution than the federal government is."

At least one company is already addressing the need. The Du Pont Co. of Wilmington, Del., adopted policies allowing greater flexibility on parental leaves and set up two child-care centers.

The moves came after a

company study showed that one-quarter of its work force depended on child care. The study also disclosed that 25 percent of the company's male employees and half of its female workers had considered going elsewhere for more flexibility.

August says one option is for companies to adopt the "parental track," where parents with young children can put their careers on hold or work part-time until their children reach school age. He admits that the parental track could hamper careers but believes companies could work to minimize it.

August says Sweden requires companies to offer parents a parental track, but many men refuse it because they get penalized at work.

"If men can legitimately have such an option," he says, "I think

a great many of them will take to take advantage of it, the advantage of it, the opportunity should be there for those few."

"And even if only a few decide

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Follow These Six Steps On How To Be a Survivor

Illness, catastrophe, grief, failure — few escape life's adversities. The survivors are those who can confront their stresses and go on with grace, distinction and courage.

We can all learn to be survivors, reports the July Reader's Digest. Here's how:

1. **Make happiness a habit.** Take each day as it comes. When you can't have the big victory, accept the small ones. Look for beauty and insight wherever you can.

2. **Accept change.** When our lives explode, they come together in new patterns. Learn from them. What looks like disaster at first may turn out to be the best thing for us.

3. **Don't give up.** A survivor does what has to be done, no matter how overwhelming the odds against him.

4. **Reach out to others.** The survivor cherishes involvement with others. Though he asks for help, he does not take out his woes on others. Rather, he believes his own troubles help him understand the hard times of someone else.

5. **Live in the present.** None of us can bring back yesterday or shape tomorrow.

6. **Don't be afraid to dream.** A goal and a belief in what you are doing can help you get on with your life.

For a free reprint of "Secrets of Survivors," send a self-addressed, stamped envelope to: Reprint Manager, Dept. B-7-89, Reader's Digest, Box 406, Pleasantville, N.Y. 10570.

How To Purchase A Down Comforter

From TRADITIONAL HOME
For AP Newsfeatures

Winter may be months away, but it isn't too early to think about cold-weather bedding.

Ray Brunner, president of Scandia Down Corp., offers this helpful information and advice

duvet or covering over a comforter. The duvet allows one to change the color of the comforter easily and reduces the need to wash the comforter itself. Comforters can be washed in over-size machines using soap designed for cleaning down.

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XL twin set	\$42	19.99
Twin set	\$20	14.99
Full set	\$42	24.99

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COMP. VALUE \$42

Cotton Towels Save 30%-40%

Goose Down Comforters Save 50%

From **TRADITIONAL HOME**
For AP Newsfeatures
Winter may be months away,
but it isn't too early to think
about cold-weather bedding.
Ray Brunner, president of
Scandia Down Corp., offers this
helpful information and advice
on buying a down comforter.

Down comforters, a mixture of
down and feathers, differ in type
and amount of fill, construction
and type of ticking, said Brunner.
Down is the soft, natural
insulator found in clusters on the
breasts of ducks and geese.
Feathers are flatter and heavier
than down and have quill shafts.
Most down comforters contain
between 70 and 90 percent
down, depending upon the com-
forter's quality. Eiderdown is
the highest quality, followed by
goose and duck down.

A comforter's ticking should
be made of breathable cotton
and have a high thread count to
prevent the down from escaping.
The highest quality ticking, said
Brunner, is made from Egyptian
cotton.

Comforter construction tech-
niques vary. Baffle construction
creates fabric baffles inside the
comforter and allows the owner
to vary the distribution of down
within the comforter. Sewn-
through construction, in which
the comforter's ticking is sewn
together, creates closed pockets
of evenly distributed filling but
reduces loft. Partial-rectangle
or honeycomb construction as-
sures good distribution and loft.
Brunner recommends using a

duvet or covering over a com-
forter. The duvet allows one to
change the color of the comfort-
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Update**

THE REALITY OF LIPOSUCTION

Since it was first performed in the
early 1980's, most of the miscon-
ceptions surrounding liposuction
have been dispelled. This pro-
cedure for suctioning away
problem areas of fat was once
popularly thought to be a cure for
obesity. It is not. Liposuction re-
moves inches, not pounds, of fat
from localized areas. On aver-
age, only a pound or two of fat is
taken away. This is enough to re-
lieve the body of such genet-
ically-ordained areas of fat as
love handles, saddlebag thighs,
bulging bellies, double chins,
and big hips. Nor is liposuction a
method that will make the body
look picture perfect. The most im-
portant factor governing the after-
appearance of liposuction surgery
is the skin tone. Those
who have ridden a diet roller-
coaster may have skin that is
less able to contract around a
new body proportion. Liposuction
involves medical fact, not mir-
acles.
This column is presented to an-
swer many of the questions fre-
quently asked about cosmetic
surgery. Any decision concern-
ing medical procedures should,
however, be based upon an in-
dividual examination. My office is
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P.S. Liposuction is not likely to
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Anastasia or Memphis sheets from Springmaid and Cannon. Easy-care 180-count
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59.99 Twin Goose Down Comforters

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Twin (18 oz. fill)	\$120	59.99
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Protect your comforter with an all cotton 200 thread count solid duvet cover:		
Twin, full/queen, king	\$39-\$69	29.99-49.99

19.99 Twin Solid Comforters

Solid color reversible comforters in red/navy, black/white, grey/platinum, rose/
primrose, peach/ecru or navy/lt. blue. Available in hard to find XL twin size.

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Twin	\$50	19.99
XL twin	\$75	24.99
Full/queen	\$75	24.99

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Save 45%-50% 100% Cotton Solid Color 200-Thread Sheets	\$22-\$50	9.99-26.99
Save 45% BeautyLoft Pillows Standard-Queen-King	\$18-\$28	9.99 Any Size
Save 40%-45% Thermal Blankets Cotton or Acrylic, Twin-Full/Queen-King	\$25-\$45	12.99-22.99
Save 33%-50% Goose Down Pillows, Standard-Queen	\$45-\$60	29.99 Any Size
Save 30%-40% Supreme Wrap Mattress Pads Twin-Full-Full-Queen-King	\$20-\$40	11.99-26.99
Save 30% Solid Color X Long Twin Fitted Sheets	\$13	8.99
Save 25%-40% 100% Cotton Mattress Pad Twin-Full-Queen-King	\$35-\$69	19.99-49.99

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